

Pacific Games - 27/11/2023 to 2/12/2023**Solomon Islands National Stadium****Session Report**

Session: 1 Monday - Day 1

Day 1 - Monday 27/11/2023 - Starts at 12:30 PM

Event	Round
12:30 PM #1 Women 400 Metre Hurdles .762m	Heat
1:00 PM #2 Men 400 Metre Hurdles .914m	Heat
1:20 PM #3 Heptathlon: #1 Women 100 Metre Hurdles .838m	Finals
1:30 PM #4 Women Pole Vault	Finals
1:30 PM #5 Decathlon: #1 Men 100 Metre	Finals
2:15 PM #6 Decathlon: #2 Men Long Jump	Finals
3:00 PM #7 Heptathlon: #2 Women High Jump SH 1.20	Finals
3:15 PM #8 Men 100 Metre Ambulant	Heat
3:30 PM #9 Decathlon: #3 Men Shot Put 7.26kg	Finals
3:30 PM #10 Women 100 Metre	Heat
4:00 PM #11 Men 100 Metre	Heat
4:30 PM #12 Heptathlon: #3 Women Shot Put 4kg	Finals
4:30 PM #13 Women 4x400 Metre Relay	Heat
4:45 PM #14 Men 4x400 Metre Relay	Heat
5:00 PM #15 Decathlon: #4 Men High Jump SH1.43	Finals
5:05 PM #16 Men 10000 Metre	Finals
6:00 PM #17 Women Shot Put 4.00kg	Finals
6:15 PM #18 Heptathlon: #4 Women 200 Metre	Finals
6:25 PM #19 Women 5000 Metre	Finals
6:30 PM #20 Men Javelin Throw 800g	Finals
7:00 PM #21 Men 800 Metre	Heat
7:15 PM #22 Decathlon: #5 Men 400 Metre	Finals
7:25 PM #23 Women 100 Metre	Semis
7:35 PM #24 Men 100 Metre	Semis
7:45 PM #25 Women 100 Metre Wheelchair	Finals
7:55 PM #26 Men 100 Metre Ambulant	Finals

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Session: 2 Tuesday Day 2

Day 2 - Tuesday 28/11/2023 - Starts at 11:00 AM

	Event	Round
11:00 AM	#27 Decathlon: #6 Men 110 Metre Hurdles 1.067m	Finals
11:20 AM	#28 Men 400 Metre	Heat
11:40 AM	#29 Women 400 Metre	Heat
11:45 AM	#30 Decathlon: #7 Men Discus Throw 2kg	Finals
1:30 PM	#31 Decathlon: #8 Men Pole Vault SH 2.80	Finals
2:00 PM	#32 Women Hammer Throw 4.00kg	Finals
3:00 PM	#33 Heptathlon: #5 Women Long Jump	Finals
4:15 PM	#34 Heptathlon: #6 Women Javelin Throw 600g	Finals
4:45 PM	#35 Men Shot Put Ambulant	Finals
5:30 PM	#36 Decathlon: #9 Men Javelin Throw 800g	Finals
6:00 PM	#37 Men 800 Metre	Finals
6:15 PM	#38 Women 800 Metre	Finals
6:30 PM	#39 Heptathlon: #7 Women 800 Metre	Finals
6:45 PM	#40 Decathlon: #10 Men 1500 Metre	Finals
7:05 PM	#41 Men 100 Metre Wheelchair	Finals
7:15 PM	#42 Women 100 Metre Ambulant	Finals
7:30 PM	#43 Men 100 Metre	Finals
7:45 PM	#44 Women 100 Metre	Finals

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Session: 3 Wednesday - Day 3

Day 3 - Wednesday 29/11/2023 - Starts at 02:00 PM

	Event	Round
2:00 PM	#45 Men Long Jump	Heat
3:00 PM	#46 Women Long Jump	Heat
3:30 PM	#47 Men Pole Vault	Finals
3:30 PM	#48 Men Hammer Throw 7.26kg	Finals
3:45 PM	#49 Men 4x100 Metre Relay	Heat
4:00 PM	#50 Women 4x100 Metre Relay	Heat
4:30 PM	#51 Men Shot Put SecuredThrow	Finals
4:45 PM	#52 Men 200 Metre	Heat
5:00 PM	#53 Women 200 Metre	Heat
5:30 PM	#54 Women Discus Throw	Finals
5:45 PM	#55 Men 5000 Metre	Finals
6:00 PM	#56 Women High Jump	Finals
6:15 PM	#57 Women 10000 Metre	Finals
6:30 PM	#58 Women Javelin Throw Ambulant	Finals
7:15 PM	#59 Men 400 Metre	Finals
7:30 PM	#60 Women 400 Metre	Finals

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Session: 4 Thursday - Day 4

Day 4 - Thursday 30/11/2023 - Starts at 04:15 PM

	Event	Round
4:15 PM	#61 Women Shot Put SecuredThrow	Finals
4:15 PM	#62 Women 200 Metre	Semis
4:30 PM	#63 Women Javelin Throw 600g	Finals
4:30 PM	#64 Women Triple Jump	Finals
4:45 PM	#65 Men 200 Metre	Semis
5:20 PM	#66 Men 110 Metre Hurdles 1.067m	Heat
5:40 PM	#67 Women 100 Metre Hurdles .838m	Heat
6:00 PM	#68 Women 1500 Metre	Finals
6:15 PM	#69 Men Discus Throw	Finals
6:20 PM	#70 Men 1500 Metre	Finals
6:30 PM	#71 Men Long Jump	Finals
6:45 PM	#72 Men 110 Metre Hurdles 1.067m	Finals
7:00 PM	#73 Women 100 Metre Hurdles .838m	Finals
7:15 PM	#74 Men 4x400 Metre Relay	Finals
7:30 PM	#75 Women 4x400 Metre Relay	Finals

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Session: 5 Friday - Day 5

Day 5 - Friday 1/12/2023 - Starts at 11:00 AM

	Event	Round
11:00 AM	#76 Men Javelin Throw Ambulant	Finals
11:00 AM	#77 Women Long Jump	Finals
12:00 PM	#78 Women Shot Put Ambulant	Finals
12:45 PM	#79 Women 200 Metre	Finals
1:00 PM	#80 Men 200 Metre	Finals
1:15 PM	#81 Women 400 Metre Hurdles .762m	Finals
1:30 PM	#82 Men 400 Metre Hurdles .914m	Finals
2:00 PM	#83 Men 3000 Metre Steeplechase .914m	Finals
2:00 PM	#84 Men High Jump	Finals
2:05 PM	#85 Men Triple Jump	Finals
2:15 PM	#86 Men Shot Put 7.26kg	Finals
2:40 PM	#87 Women 3000 Metre Steeplechase .762m	Finals
3:00 PM	#88 Women 4x100 Metre Relay	Finals
3:20 PM	#89 Men 4x100 Metre Relay	Finals

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Session: 6 Saturday Morning - Day 6
Day 6 - Saturday 2/12/2023 - Starts at 05:45 AM

	Event	Round
5:45 AM	#90 Women Half Marathon	Finals
6:15 AM	#91 Men Half Marathon	Finals