

Nationals & BHAA Athletics Championships 2022 - 3/29/2022 to 4/28/2022
3/29/2022 to 4/28/2022

Results - CHAMPIONSHIPS DAY 3

Event 75 Boys Discus

Name	Team	Finals
Finals		
1 #178 Renguul, Skarlee	Unattached	25.95m 10
2 #16 Kintaro, Rexid	Palau High Schoo	25.63m 8
3 #48 Larsen, Geno	Belau Modekngai	21.24m 6
4 #53 Peredo, Emmanuel	Belau Modekngai	20.33m 5
5 #195 Cooper, Uili	Palau High School	19.69m 4
6 #5 Sifix, Carlos	Palau High School	19.60m 3
7 #191 Mamis, Elmago	Belau Modekngai	17.06m 2

Event 76 Girls Discus

Name	Team	Finals
Finals		
1 #11 Tarkong, Uilau	Palau High School	17.60m 10
2 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	16.62m 8
3 #46 Trolui, Tehya	Belau Modekngai	15.42m 6
4 #69 Mad, Ngirur	Mindzenty High S	12.45m 5

Event 77 Girls 200 Meter Dash

Name	Team	Finals
Finals		
1 #28 Francisco, Sydney	Palau High School	29.64 10
2 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	30.27 8
3 #193 Kadiasang, Shanna	Emmaus Bethania	30.92 6
4 #139 Rechucher, Diana	Palau Mission Ac	32.58 5
5 #85 Kadiasang, Shayna Obirir	Emmaus Bethania	33.06 4

Event 78 Boys 200 Meter Dash

Name	Team	Finals
Finals		
1 #18 Blaluk, Ignacio	Palau High School	24.53 10
2 #26 Ulangchong, Katotau	Palau High School	24.91 8
3 #4 Adaba, Rihceous	Palau High School	25.63 6
4 #182 Eungel, Amaru	Belau Modekngai	26.71 5

Event 79 Girls 800 Meter Run

Name	Team	Finals
Finals		
1 #62 King, Calista	Mindzenty High S	3:02.10 10
2 #11 Tarkong, Uilau	Palau High School	3:08.57 8
3 #90 Shmull, Share Isebong	Emmaus Bethania	3:15.75 6
4 #113 Mikel, Galyah	Palau Mission Ac	3:36.02 5

Event 80 Boys 800 Meter Run

Name	Team	Finals
Finals		
1 #25 Singichi, TJ	Palau High School	2:11.46 10
2 #35 Adaba, Emmanuel	Unattached	2:12.62 8
3 #64 Maluchluw, Sean Anjelo	Mindzenty High S	2:20.11 6
4 #4 Adaba, Rihceous	Palau High School	2:28.67 5
5 #53 Peredo, Emmanuel	Belau Modekngai	2:29.17 4
6 #8 Gibbons, Tonga	Palau High School	2:30.87 3
7 #26 Ulangchong, Katotau	Palau High School	2:43.13 2

Event 83 Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Palau High School	A	58.78 10
1) #121 Baiei, Laisang J	2) #29 Rubasch, Belbult	
3) #28 Francisco, Sydney	4) #177 Bai, Maya	
2 Palau Mission Academy	A	1:00.63 8
1) #139 Rechucher, Diana	2) #112 Kyota, Belle	
3) #117 Tarkong, Ashanda Raine	4) #114 Ngirkelau, Erythrina Omun	
3 Emmaus Bethania	A	1:00.71 6
1) #151 Singeo, Toyomi	2) #85 Kadiasang, Shayna Obirir	
3) #152 Skilang, Amalie	4) #193 Kadiasang, Shanna	
4 Unattached	A	1:05.72 5
5 Mindzenty High School	A	1:08.61 4
1) #74 Rudimch, Amira	2) #73 Polloi, Momilani	
3) #63 Rechemang, Dawn	4) #62 King, Calista	

Event 84 Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Unattached	A	48.56 10
2 Palau High School	A	49.00 8
1) #18 Blaluk, Ignacio	2) #26 Ulangchong, Katotau	
3) #128 Orosco, Kyle	4) #25 Singichi, TJ	
3 Emmaus Bethania	A	49.83 6
1) #192 Albert, Melusch	2) #158 Chokai, Lamar	
3) #188 Malsol, Claxton	4) #120 Techechur, Tristan	
4 Belau Modekngai	A	50.76 5
1) #191 Mamis, Elmago	2) #52 August, Allister	
3) #43 Truce, Lucky	4) #182 Eungel, Amaru	
5 Unattached	B	51.28 4
6 Palau Mission Academy	A	53.48 3
1) #105 Dengokl, Katei Kyota	2) #106 Donesa, Julian Karl Javier	
3) #110 Liu, Er Lang	4) #115 Scott, Maximus	

Event 90 Girls Long Jump

Name	Team	Finals
Finals		
1 #121 Baiei, Laisang J	Palau High School	3.80m 10
2 #112 Kyota, Belle	Palau Mission Ac	3.22m 8
3 #190 Yoshiwo, Dawn	Belau Modekngai	3.15m 6
4 #117 Tarkong, Ashanda Raine	Palau Mission Ac	3.04m 5
5 #73 Polloi, Momilani	Mindzenty High S	2.88m 4
6 #136 Mahmud, Alera	Belau Modekngai	2.77m 3
7 #151 Singeo, Toyomi	Emmaus Bethania	2.76m 2

Event 91 Boys Long Jump

Name	Team	Finals
Finals		
1 #7 Gabriel, Denzel	Palau High School	5.59m 10
2 #34 Ngiraremiang, Jerry	Unattached	5.16m 8
3 #105 Dengokl, Katei Kyota	Palau Mission Ac	4.92m 6
4 #26 Ulangchong, Katotau	Palau High School	4.85m 5
5 #55 Marino, Thomas	Belau Modekngai	4.62m 4
6 #87 Olegeril, Chance	Emmaus Bethania	4.37m 3

Nationals & BIAA Athletics Championships 2022 - 3/29/2022 to 4/28/2022

3/29/2022 to 4/28/2022

Results - CHAMPIONSHIPS DAY 3

Finals ... (Event 91 Boys Long Jump)

	Name	Team	Finals	
7	#141 Riosang, Ethan	Belau Modekngai	4.24m	2
8	#106 Donesa, Julian Karl Javi	Palau Mission Ac	4.19m	1

Combined Team Scores - 26 Events Scored

- | | | |
|----|-----------------------------|-------|
| 1) | Palau High School | 360.5 |
| 2) | Palau Mission Academy | 139.5 |
| 3) | Emmaus Bethania High School | 130.5 |
| 4) | Belau Modekngai School | 106.5 |
| 5) | Mindzenty High School | 74 |

Nationals & BIIAA Athletics Championships 2022 - 3/29/2022 to 4/28/2022
3/29/2022 to 4/28/2022

Results**Event 1 Girls Shot Put**

	Name	Team	Finals
Finals			
1	#179 Kebekol, Humiko	Mindzenty High S	7.58m
2	#114 Ngirkelau, Erythrina Orr	Palau Mission Ac	7.40m
3	#11 Tarkong, Uilau	Palau High Schoo	6.91m
4	#153 Tekriu, Hannah	Emmaus Bethania	6.84m
5	#46 Trolii, Tehya	Belau Modekngai	6.49m
6	#69 Mad, Ngirur	Mindzenty High S	5.47m
7	#116 Ngiratred, Jamiya	Palau Mission Ac	5.29m
8	#147 Kelvin, Keringelianged	Emmaus Bethania	5.17m

Event 2 Boys Javelin

	Name	Team	Finals
Finals			
1	#31 Ililau, Adrian	Unattached	47.72m
2	#34 Ngiraremiang, Jerry	Unattached	39.83m
3	#32 Gibbons, Garsten	Unattached	38.59m
4	#48 Larsen, Geno	Belau Modekngai	35.98m
5	#129 Kengichi, Erickson	Palau High Schoo	34.22m
6	#55 Marino, Thomas	Belau Modekngai	33.56m
7	#26 Ulengchong, Katotau	Palau High Schoo	33.20m
8	#16 Kintaro, Rexid	Palau High Schoo	33.06m

Event 3 Girls Javelin

	Name	Team	Finals
Finals			
1	#46 Trolii, Tehya	Belau Modekngai	25.32m
2	#155 Tmetuchel, Seije	Emmaus Bethania	22.92m
3	#153 Tekriu, Hannah	Emmaus Bethania	21.66m
4	#147 Kelvin, Keringelianged	Emmaus Bethania	16.15m
5	#156 Tulop, Ngeldai	Emmaus Bethania	14.55m
6	#116 Ngiratred, Jamiya	Palau Mission Ac	14.06m
7	#150 Rechetuker, Honella	Emmaus Bethania	10.45m

Event 4 Boys Shot Put

	Name	Team	Finals
Finals			
1	#33 Thomas, Jose	Unattached	9.14m
2	#178 Renguul, Skarlee	Unattached	8.92m
3	#91 Techechur, Rayner	Emmaus Bethania	8.29m
4	#135 Lorenzo, Omtab	Emmaus Bethania	8.10m
5	#16 Kintaro, Rexid	Palau High Schoo	7.79m
6	#167 Ngirawes, Leevan	Emmaus Bethania	7.73m
7	#70 Techur, Keng-ichi	Mindzenty High S	7.63m
8	#86 Madlutk, Horry ngirbedul	Emmaus Bethania	7.53m

Event 5 Girls 100 Meter Dash

	Name	Team	Finals
Finals			
1	#28 Francisco, Sydney	Palau High Schoo	13.90
2	#114 Ngirkelau, Erythrina Orr	Palau Mission Ac	14.53
3	#139 Rechucher, Diana	Palau Mission Ac	15.73
4	#85 Kadiasang, Shayna Obirir	Emmaus Bethania	16.43
5	#112 Kyota, Belle	Palau Mission Ac	16.62
6	#62 King, Calista	Mindzenty High S	17.03

7	#177 Bai, Maya	Palau High Schoo	17.22
8	#146 Gino, Anna	Emmaus Bethania	17.23

Event 6 Boys 100 Meter Dash

	Name	Team	Finals
Finals			
1	#18 Blaluk, Ignacio	Palau High Schoo	11.34
2	#31 Ililau, Adrian	Unattached	11.89
3	#32 Gibbons, Garsten	Unattached	11.92
4	#52 August, Allister	Belau Modekngai	11.99
5	#158 Chokai, Lamar	Emmaus Bethania	12.38
6	#105 Dengokl, Katei Kyota	Palau Mission Ac	12.39
7	#103 Silas, Zeigler	Palau Mission Ac	12.59
8	#120 Techechur, Tristan	Emmaus Bethania	12.64

Event 7 Girls 1500 Meter Run

	Name	Team	Finals
Finals			
1	#19 Chibana, Shizuka	Palau High Schoo	7:33.60
2	#90 Shmull, Share Isebong	Emmaus Bethania	7:59.90
3	#62 King, Calista	Mindzenty High S	8:41.72

Event 8 Boys 1500 Meter Run

	Name	Team	Finals
Finals			
1	#35 Adaba, Emmanuel	Unattached	4:48.24
2	#25 Singichi, TJ	Palau High Schoo	4:48.27
3	#4 Adaba, Rigueous	Palau High Schoo	5:18.15
4	#64 Maluchluw, Sean Anjelo	Mindzenty High S	5:32.10
5	#8 Gibbons, Tonga	Palau High Schoo	5:35.02
6	#53 Peredo, Emmanuel	Belau Modekngai	5:46.16
7	#20 Kwak, Ali	Palau High Schoo	6:08.05
8	#110 Liu, Er Lang	Palau Mission Ac	6:16.63

Event 9 Girls 400 Meter Dash

	Name	Team	Finals
Finals			
1	#28 Francisco, Sydney	Palau High Schoo	1:15.20
2	#121 Baiei, Laisang J	Palau High Schoo	1:17.22
3	#139 Rechucher, Diana	Palau Mission Ac	1:18.92
4	#85 Kadiasang, Shayna Obirir	Emmaus Bethania	1:23.91
5	#117 Tarkong, Ashanda Raine	Palau Mission Ac	1:25.83
6	#82 Eberdong, Parisha	Emmaus Bethania	1:37.54

Event 10 Boys 400 Meter Dash

	Name	Team	Finals
Finals			
1	#35 Adaba, Emmanuel	Unattached	55.75
2	#25 Singichi, TJ	Palau High Schoo	56.32
3	#26 Ulengchong, Katotau	Palau High Schoo	56.66
4	#32 Gibbons, Garsten	Unattached	58.47
5	#34 Ngiraremiang, Jerry	Unattached	58.89
6	#64 Maluchluw, Sean Anjelo	Mindzenty High S	1:01.29
7	#188 Malsol, Claxton	Emmaus Bethania	1:02.31
8	#36 Beraquit, Jay	Unattached	1:02.75

Nationals & BIIAA Athletics Championships 2022 - 3/29/2022 to 4/28/2022

3/29/2022 to 4/28/2022

Results

Event 11 Girls 1 Mile Run

Name	Team	Finals
Finals		
1 #113 Mikel, Galyah	Palau Mission Ac	7:44.58
2 #11 Tarkong, Uilau	Palau High Schoo	7:55.69
3 #62 King, Calista	Mindzenty High S	7:57.41
4 #90 Shmull, Share Isebong	Emmaus Bethania	8:20.80
5 #19 Chibana, Shizuka	Palau High Schoo	8:20.82
6 #119 Sisior, Wakako	Palau Mission Ac	11:26.49

Event 12 Boys 1 Mile Run

Name	Team	Finals
Finals		
1 #4 Adaba, Rigeous	Palau High Schoo	5:46.62
2 #26 Ulengchong, Katotau	Palau High Schoo	5:59.18
3 #64 Maluchluw, Sean Anjelo	Mindzenty High S	6:05.02
4 #158 Chokai, Lamar	Emmaus Bethania	6:28.39
5 #103 Silas, Zeigler	Palau Mission Ac	6:31.40
6 #106 Donesa, Julian Karl Javi	Palau Mission Ac	6:37.60
7 #84 Iyar, Fabian	Emmaus Bethania	6:48.46
8 #176 Victor, Dylan	Emmaus Bethania	7:32.73

Event 13 Girls High Jump

Name	Team	Finals
Finals		
1 #11 Tarkong, Uilau	Palau High Schoo	1.15m
1 #121 Baiei, Laisang J	Palau High Schoo	1.15m

Event 14 Boys High Jump

Name	Team	Finals
Finals		
1 #128 Orosco, Kyle	Palau High Schoo	1.25m
1 #2 Pedro, Lamar	Palau High Schoo	1.25m
1 #7 Gabriel, Denzel	Palau High Schoo	1.25m
1 #32 Gibbons, Garsten	Unattached	1.25m
1 #188 Malsol, Claxton	Emmaus Bethania	1.25m
1 #26 Ulengchong, Katotau	Palau High Schoo	1.25m
1 #103 Silas, Zeigler	Palau Mission Ac	1.25m
1 #106 Donesa, Julian Karl Javi	Palau Mission Ac	1.25m
1 #105 Dengokl, Katei Kyota	Palau Mission Ac	1.25m
1 #120 Techechur, Tristan	Emmaus Bethania	1.25m
1 #4 Adaba, Rigeous	Palau High Schoo	1.25m

Event 17 Girls 200 Meter Dash

Name	Team	Finals
Finals		
1 #28 Francisco, Sydney	Palau High Schoo	30.72
2 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	30.93
3 #139 Rechucher, Diana	Palau Mission Ac	32.66
4 #11 Tarkong, Uilau	Palau High Schoo	34.06
5 #62 King, Calista	Mindzenty High S	34.34
6 #144 Dodger, Ngetuberai	Emmaus Bethania	35.48
7 #177 Bai, Maya	Palau High Schoo	36.55
8 #109 Merrill, Beyonce	Palau Mission Ac	37.28

Event 18 Boys 200 Meter Dash

Name	Team	Finals
Finals		
1 #18 Blaluk, Ignacio	Palau High Schoo	24.92
2 #26 Ulengchong, Katotau	Palau High Schoo	24.97
3 #34 Ngiraremiang, Jerry	Unattached	25.71
4 #188 Malsol, Claxton	Emmaus Bethania	25.74
5 #25 Singichi, TJ	Palau High Schoo	26.03
6 #105 Dengokl, Katei Kyota	Palau Mission Ac	26.69
7 #120 Techechur, Tristan	Emmaus Bethania	27.28
8 #158 Chokai, Lamar	Emmaus Bethania	27.60

Event 19 Girls 800 Meter Run

Name	Team	Finals
Finals		
1 #19 Chibana, Shizuka	Palau High Schoo	3:18.09
2 #113 Mikel, Galyah	Palau Mission Ac	3:20.06
3 #62 King, Calista	Mindzenty High S	3:22.83
4 #11 Tarkong, Uilau	Palau High Schoo	3:22.87
5 #90 Shmull, Share Isebong	Emmaus Bethania	3:33.63
6 #85 Kadiasang, Shayna Obirir	Emmaus Bethania	3:42.12

Event 20 Boys 800 Meter Run

Name	Team	Finals
Finals		
1 #35 Adaba, Emmanuel	Unattached	2:11.48
2 #25 Singichi, TJ	Palau High Schoo	2:13.67
3 #26 Ulengchong, Katotau	Palau High Schoo	2:21.48
4 #4 Adaba, Rigeous	Palau High Schoo	2:24.34
5 #64 Maluchluw, Sean Anjelo	Mindzenty High S	2:32.00
6 #8 Gibbons, Tonga	Palau High Schoo	2:32.51
7 #188 Malsol, Claxton	Emmaus Bethania	2:42.84
8 #176 Victor, Dylan	Emmaus Bethania	2:50.01

Event 21 Girls Shot Put

Name	Team	Finals
Finals		
1 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	7.76m
2 #46 Trolui, Tehya	Belau Modekngai	6.36m
3 #11 Tarkong, Uilau	Palau High Schoo	6.12m
4 #69 Mad, Ngirur	Mindzenty High S	5.59m
5 #156 Tulop, Ngeldei	Emmaus Bethania	5.53m
6 #190 Yoshiwo, Dawn	Belau Modekngai	4.47m
7 #54 Yuri, Linda	Belau Modekngai	4.36m
8 #154 Timarong, Destiny	Emmaus Bethania	3.66m

Event 22 Boys Javelin

Name	Team	Finals
Finals		
1 #115 Scott, Maximus	Palau Mission Ac	36.22m
2 #48 Larsen, Geno	Belau Modekngai	35.41m
3 #32 Gibbons, Garsten	Unattached	34.21m
4 #55 Marino, Thomas	Belau Modekngai	33.67m
5 #2 Pedro, Lamar	Palau High Schoo	31.26m
6 #33 Thomas, Jose	Unattached	29.61m
7 #5 Sifix, Carlos	Palau High Schoo	29.15m

Nationals & BIAA Athletics Championships 2022 - 3/29/2022 to 4/28/2022
3/29/2022 to 4/28/2022

Results

Finals ... (Event 22 Boys Javelin)

Name	Team	Finals
8 #34 Ngiraremiang, Jerry	Unattached	29.14m

Event 23 Girls Javelin

Name	Team	Finals
1 #121 Baiei, Laisang J	Palau High Schoo	22.74m
2 #153 Tekriu, Hannah	Emmaus Bethania	20.88m
3 #11 Tarkong, Uilau	Palau High Schoo	17.02m
4 #149 Ngirachemoi, Jireh-Lynt	Emmaus Bethania	13.18m
5 #152 Skilang, Amalie	Emmaus Bethania	11.81m

Event 24 Boys Shot Put

Name	Team	Finals
1 #16 Kintaro, REXID	Palau High Schoo	8.63m
2 #178 Renguul, Skarlee	Unattached	8.36m
3 #33 Thomas, Jose	Unattached	8.15m
4 #91 Techechur, Rayner	Emmaus Bethania	7.76m
5 #176 Victor, Dylan	Emmaus Bethania	7.65m
6 #2 Pedro, Lamar	Palau High Schoo	7.23m
7 #53 Peredo, Emmanuel	Belau Modekngai	7.15m
8 #195 Cooper, Uili	Palau High Schoo	7.14m

Event 25 Girls 100 Meter Dash

Name	Team	Finals
1 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	14.09
2 #28 Francisco, Sydney	Palau High Schoo	14.35
3 #193 Kadiasang, Shanna	Emmaus Bethania	14.60
4 #139 Rechucher, Diana	Palau Mission Ac	15.16
5 #85 Kadiasang, Shayna Obirir	Emmaus Bethania	15.82
6 #152 Skilang, Amalie	Emmaus Bethania	15.97
7 #112 Kyota, Belle	Palau Mission Ac	16.62
8 #73 Polloi, Momilani	Mindzenty High S	16.63

Event 26 Boys 100 Meter Dash

Name	Team	Finals
1 #26 Uleingchong, Katotau	Palau High Schoo	12.07
2 #32 Gibbons, Garsten	Unattached	12.44
3 #52 August, Allister	Belau Modekngai	12.71
4 #105 Dengokl, Katei Kyota	Palau Mission Ac	12.74
5 #34 Ngiraremiang, Jerry	Unattached	12.84
6 #115 Scott, Maximus	Palau Mission Ac	12.90
7 #24 Emiwo, Jeremy	Palau High Schoo	12.92
8 #120 Techechur, Tristan	Emmaus Bethania	13.06

Event 27 Girls 1500 Meter Run

Name	Team	Finals
1 #113 Mikel, Galyah	Palau Mission Ac	7:20.92
2 #190 Yoshiwo, Dawn	Belau Modekngai	10:06.02

Event 28 Boys 1500 Meter Run

Name	Team	Finals
1 #194 Nicolescu, Cristian	Unattached	4:41.56
2 #35 Adaba, Emmanuel	Unattached	4:42.31
3 #4 Adaba, Rigueous	Palau High Schoo	5:15.44
4 #188 Malsol, Claxton	Emmaus Bethania	5:22.10
5 #64 Maluchluw, Sean Anjelo	Mindzenty High S	5:26.22
6 #8 Gibbons, Tonga	Palau High Schoo	5:30.87
7 #43 Truce, Lucky	Belau Modekngai	5:33.06
8 #53 Peredo, Emmanuel	Belau Modekngai	5:52.38

Event 29 Girls 400 Meter Dash

Name	Team	Finals
1 #139 Rechucher, Diana	Palau Mission Ac	1:18.24
2 #186 Esebei, Acheyra	Belau Modekngai	1:32.29
3 #151 Singeo, Toyomi	Emmaus Bethania	1:33.71
4 #190 Yoshiwo, Dawn	Belau Modekngai	1:41.75

Event 30 Boys 400 Meter Dash

Name	Team	Finals
1 #34 Ngiraremiang, Jerry	Unattached	58.71
2 #158 Chokai, Lamar	Emmaus Bethania	1:00.72
3 #64 Maluchluw, Sean Anjelo	Mindzenty High S	1:00.89
4 #53 Peredo, Emmanuel	Belau Modekngai	1:04.15
5 #182 Eungel, Amaru	Belau Modekngai	1:04.66
6 #36 Beraquit, Jay	Unattached	1:05.38
7 #56 Pedro, Austhen	Belau Modekngai	1:06.05
8 #24 Emiwo, Jeremy	Palau High Schoo	1:06.80

Event 31 Girls 1 Mile Run

Name	Team	Finals
1 #62 King, Calista	Mindzenty High S	7:24.00
2 #90 Shmull, Share Isebond	Emmaus Bethania	7:32.37
3 #117 Tarkong, Ashanda Raine	Palau Mission Ac	8:52.31
4 #119 Sisior, Wakako	Palau Mission Ac	10:41.07

Event 32 Boys 1 Mile Run

Name	Team	Finals
1 #4 Adaba, Rigueous	Palau High Schoo	5:44.03
2 #188 Malsol, Claxton	Emmaus Bethania	6:12.36
3 #64 Maluchluw, Sean Anjelo	Mindzenty High S	6:15.11
4 #105 Dengokl, Katei Kyota	Palau Mission Ac	6:18.36
5 #103 Silas, Zeigler	Palau Mission Ac	6:35.60
6 #87 Olegeriil, Chance	Emmaus Bethania	7:01.88
7 #81 Tokasi, Shawnlee	Mindzenty High S	7:39.52
8 #107 Otong, Ezekiel	Palau Mission Ac	8:32.44

Event 37 Girls 200 Meter Dash

Name	Team	Finals
1 #28 Francisco, Sydney	Palau High Schoo	29.76

Nationals & BIAA Athletics Championships 2022 - 3/29/2022 to 4/28/2022

3/29/2022 to 4/28/2022

Results

Finals ... (Event 37 Girls 200 Meter Dash)

Name	Team	Finals
2 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	32.45
3 #85 Kadiasang, Shayna Obirir	Emmaus Bethania	33.03
4 #139 Rechucher, Diana	Palau Mission Ac	33.18
5 #152 Skilang, Amalie	Emmaus Bethania	34.10
6 #177 Bai, Maya	Palau High School	36.09
7 #151 Singeo, Toyomi	Emmaus Bethania	36.68
8 #186 Esebei, Acheyra	Belau Modekngai	37.29

Event 38 Boys 200 Meter Dash

Name	Team	Finals
1 #31 Ililau, Adrian	Unattached	24.29
2 #26 Uleghchong, Katotau	Palau High School	24.94
3 #18 Blaluk, Ignacio	Palau High School	24.99
4 #188 Malsol, Claxton	Emmaus Bethania	25.91
5 #34 Ngiraremiang, Jerry	Unattached	25.94
6 #4 Adaba, Rigueous	Palau High School	26.03
7 #105 Dengokl, Katei Kyota	Palau Mission Ac	26.88
8 #24 Emiwo, Jeremy	Palau High School	27.50

Event 39 Girls 800 Meter Run

Name	Team	Finals
1 #11 Tarkong, Uilau	Palau High School	3:12.18
2 #19 Chibana, Shizuka	Palau High School	3:21.64
3 #90 Shmull, Share Isebond	Emmaus Bethania	3:23.86
4 #47 Chokai, Toyomi	Belau Modekngai	3:51.04

Event 40 Boys 800 Meter Run

Name	Team	Finals
1 #194 Nicolescu, Cristian	Unattached	2:06.31
2 #35 Adaba, Emmanuel	Unattached	2:06.64
3 #25 Singichi, TJ	Palau High School	2:08.26
4 #26 Uleghchong, Katotau	Palau High School	2:30.78
5 #4 Adaba, Rigueous	Palau High School	2:30.83
6 #8 Gibbons, Tonga	Palau High School	2:34.97
7 #53 Peredo, Emmanuel	Belau Modekngai	2:42.98
8 #27 Beltau, Vince	Palau High School	2:54.45

Event 41 Girls Shot Put

Name	Team	Finals
1 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	7.28m
2 #11 Tarkong, Uilau	Palau High School	6.02m
3 #69 Mad, Ngirur	Mindzenty High S	5.78m
4 #116 Ngiratred, Jamiya	Palau Mission Ac	5.45m
5 #46 Trolui, Tehya	Belau Modekngai	5.25m

Event 42 Boys Javelin

Name	Team	Finals
1 #115 Scott, Maximus	Palau Mission Ac	36.96m
2 #48 Larsen, Geno	Belau Modekngai	33.38m
3 #191 Mamis, Elmagi	Belau Modekngai	32.57m

4 #189 Tkel, Mashon	Palau High School	31.98m
5 #2 Pedro, Lamar	Palau High School	30.64m
6 #55 Marino, Thomas	Belau Modekngai	30.22m
7 #129 Kengichi, Erickson	Palau High School	30.17m
8 #5 Sifix, Carlos	Palau High School	28.40m

Event 43 Girls Javelin

Name	Team	Finals
1 #121 Baiei, Laisang J	Palau High School	22.31m
2 #46 Trolui, Tehya	Belau Modekngai	18.81m
3 #116 Ngiratred, Jamiya	Palau Mission Ac	14.15m
4 #11 Tarkong, Uilau	Palau High School	12.18m

Event 44 Boys Shot Put

Name	Team	Finals
1 #33 Thomas, Jose	Unattached	9.04m
2 #178 Renguul, Skarlee	Unattached	8.55m
3 #16 Kintaro, Rexid	Palau High School	8.15m
4 #48 Larsen, Geno	Belau Modekngai	7.74m
5 #108 Mamis, Kibosan	Palau Mission Ac	7.20m
6 #53 Peredo, Emmanuel	Belau Modekngai	7.06m
7 #129 Kengichi, Erickson	Palau High School	6.95m
8 #2 Pedro, Lamar	Palau High School	6.88m

Event 45 Girls 100 Meter Dash

Name	Team	Finals
1 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	14.23
2 #28 Francisco, Sydney	Palau High School	14.28
3 #62 King, Calista	Mindzenty High S	15.69
4 #139 Rechucher, Diana	Palau Mission Ac	15.86
5 #136 Mahmud, Alera	Belau Modekngai	16.26
6 #186 Esebei, Acheyra	Belau Modekngai	16.68
7 #109 Merrill, Beyonce	Palau Mission Ac	16.96
8 #47 Chokai, Toyomi	Belau Modekngai	17.48

Event 46 Boys 100 Meter Dash

Name	Team	Finals
1 #18 Blaluk, Ignacio	Palau High School	11.86
2 #31 Ililau, Adrian	Unattached	11.96
3 #4 Adaba, Rigueous	Palau High School	12.75
4 #52 August, Allister	Belau Modekngai	12.80
5 #105 Dengokl, Katei Kyota	Palau Mission Ac	12.97
6 #24 Emiwo, Jeremy	Palau High School	13.11
7 #87 Olegeriil, Chance	Emmaus Bethania	13.16
8 #182 Eungel, Amaru	Belau Modekngai	13.18

Event 47 Girls 1500 Meter Run

Name	Team	Finals
1 #113 Mikel, Galyah	Palau Mission Ac	7:02.09
2 #62 King, Calista	Mindzenty High S	7:07.86
3 #19 Chibana, Shizuka	Palau High School	7:32.97
4 #190 Yoshiwo, Dawn	Belau Modekngai	11:15.15

Nationals & BIIAA Athletics Championships 2022 - 3/29/2022 to 4/28/2022
3/29/2022 to 4/28/2022

Results**Event 48 Boys 1500 Meter Run**

Name	Team	Finals
Finals		
1 #194 Nicolescu, Cristian	Unattached	4:28.79
2 #25 Singichi, TJ	Palau High Schoo	4:40.52
3 #35 Adaba, Emmanuel	Unattached	4:52.51
4 #4 Adaba, Righeous	Palau High Schoo	5:10.43
5 #64 Maluchluw, Sean Anjelo	Mindzenty High S	5:22.16
6 #53 Peredo, Emmanuel	Belau Modekngai	5:24.66
7 #110 Liu, Er Lang	Palau Mission Ac	5:58.88
8 #81 Tokasi, Shawnlee	Mindzenty High S	7:18.80

Event 49 Girls 400 Meter Dash

Name	Team	Finals
Finals		
1 #139 Rechucher, Diana	Palau Mission Ac	1:22.84
2 #47 Chokai, Toyomi	Belau Modekngai	1:45.67
3 #136 Mahmud, Alera	Belau Modekngai	1:48.19
4 #190 Yoshiwo, Dawn	Belau Modekngai	2:21.32

Event 50 Boys 400 Meter Dash

Name	Team	Finals
Finals		
1 #56 Pedro, Austhen	Belau Modekngai	1:00.92
2 #64 Maluchluw, Sean Anjelo	Mindzenty High S	1:01.53
3 #24 Emiwo, Jeremy	Palau High Schoo	1:03.16
4 #5 Sifix, Carlos	Palau High Schoo	1:03.32
5 #53 Peredo, Emmanuel	Belau Modekngai	1:05.55
6 #183 Ngiraremiang, Fisher	Belau Modekngai	1:06.11
7 #43 Truce, Lucky	Belau Modekngai	1:09.60
8 #66 Ueki, Anthony	Mindzenty High S	1:10.95

Event 51 Girls 1 Mile Run

Name	Team	Finals
Finals		
1 #62 King, Calista	Mindzenty High S	7:05.44
2 #11 Tarkong, Uilau	Palau High Schoo	7:14.92
3 #117 Tarkong, Ashanda Raine	Palau Mission Ac	7:59.72
4 #113 Mikel, Galyah	Palau Mission Ac	8:17.00

Event 52 Boys 1 Mile Run

Name	Team	Finals
Finals		
1 #4 Adaba, Righeous	Palau High Schoo	5:49.18
2 #64 Maluchluw, Sean Anjelo	Mindzenty High S	6:02.68
3 #106 Donesa, Julian Karl Javi	Palau Mission Ac	6:51.43
4 #81 Tokasi, Shawnlee	Mindzenty High S	7:18.32
5 #66 Ueki, Anthony	Mindzenty High S	8:31.12
6 #107 Otong, Ezekiel	Palau Mission Ac	8:33.97

Event 55 Girls Discus

Name	Team	Finals
Finals		
1 #11 Tarkong, Uilau	Palau High Schoo	17.43m
2 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	16.16m
3 #69 Mad, Ngirur	Mindzenty High S	14.23m

4 #46 Trolii, Tehya	Belau Modekngai	12.71m
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Event 56 Boys Discus

Name	Team	Finals
Finals		
1 #16 Kintaro, Rexid	Palau High Schoo	26.46m
2 #178 Renguul, Skarlee	Unattached	22.90m
3 #48 Larsen, Geno	Belau Modekngai	20.44m
4 #53 Peredo, Emmanuel	Belau Modekngai	18.73m
5 #191 Mamis, Elmago	Belau Modekngai	17.98m
6 #195 Cooper, Uili	Palau High Schoo	17.64m
7 #5 Sifix, Carlos	Palau High Schoo	17.47m
8 #2 Pedro, Lamar	Palau High Schoo	16.17m

Event 57 Girls 200 Meter Dash

Name	Team	Finals
Finals		
1 #28 Francisco, Sydney	Palau High Schoo	29.66
2 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	30.21
3 #193 Kadiusang, Shanna	Emmaus Bethania	30.30
4 #139 Rechucher, Diana	Palau Mission Ac	31.91
5 #62 King, Calista	Mindzenty High S	32.54
6 #85 Kadiusang, Shayna Obirir	Emmaus Bethania	33.78
7 #177 Bai, Maya	Palau High Schoo	35.16
8 #186 Esebei, Acheyra	Belau Modekngai	36.06

Event 58 Boys 200 Meter Dash

Name	Team	Finals
Finals		
1 #18 Blaluk, Ignacio	Palau High Schoo	24.76
2 #26 Ulengchong, Katotau	Palau High Schoo	24.80
3 #182 Eungel, Amaru	Belau Modekngai	26.41
4 #52 August, Allister	Belau Modekngai	26.59
5 #24 Emiwo, Jeremy	Palau High Schoo	26.61
6 #128 Orosco, Kyle	Palau High Schoo	27.17
7 #56 Pedro, Austhen	Belau Modekngai	27.35
8 #87 Olegeriil, Chance	Emmaus Bethania	28.90

Event 59 Girls 800 Meter Run

Name	Team	Finals
Finals		
1 #62 King, Calista	Mindzenty High S	3:08.66
2 #19 Chibana, Shizuka	Palau High Schoo	3:14.20

Event 60 Boys 800 Meter Run

Name	Team	Finals
Finals		
1 #25 Singichi, TJ	Palau High Schoo	2:08.06
2 #35 Adaba, Emmanuel	Unattached	2:08.11
3 #4 Adaba, Righeous	Palau High Schoo	2:21.81
4 #64 Maluchluw, Sean Anjelo	Mindzenty High S	2:28.55
5 #53 Peredo, Emmanuel	Belau Modekngai	2:33.91
6 #43 Truce, Lucky	Belau Modekngai	2:37.41
7 #5 Sifix, Carlos	Palau High Schoo	2:38.96
8 #141 Riosang, Ethan	Belau Modekngai	2:52.58

Nationals & BIIAA Athletics Championships 2022 - 3/29/2022 to 4/28/2022

3/29/2022 to 4/28/2022

Results

Event 61 Girls Shot Put

Name	Team	Finals
Finals		
1 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	7.51m
2 #46 Trolii, Tehya	Belau Modekngai	6.77m
3 #11 Tarkong, Uilau	Palau High School	6.60m
4 #116 Ngiratred, Jamiya	Palau Mission Ac	6.45m
5 #69 Mad, Ngirur	Mindzenty High S	5.87m

Event 62 Boys Javelin

Name	Team	Finals
Finals		
1 #48 Larsen, Geno	Belau Modekngai	35.91m 10
2 #26 Ulengchong, Katotau	Palau High School	35.61m 8
3 #129 Kengichi, Erickson	Palau High School	34.35m 6
4 #115 Scott, Maximus	Palau Mission Ac	33.71m 5
5 #55 Marino, Thomas	Belau Modekngai	33.62m 4
6 #191 Mamis, Elmago	Belau Modekngai	32.44m 3
7 #189 Tkcl, Mashon	Palau High School	31.24m 2
8 #16 Kintaro, Rexid	Palau High School	30.84m 1

Event 63 Girls Javelin

Name	Team	Finals
Finals		
1 #121 Baiei, Laisang J	Palau High School	25.06m 10
2 #46 Trolii, Tehya	Belau Modekngai	20.08m 8
3 #155 Tmetuchel, Seije	Emmaus Bethania	18.92m 6
4 #11 Tarkong, Uilau	Palau High School	15.54m 5
5 #116 Ngiratred, Jamiya	Palau Mission Ac	14.09m 4
6 #147 Kelvin, Keringelianged	Emmaus Bethania	12.07m 3

Event 64 Boys Shot Put

Name	Team	Finals
Finals		
1 #16 Kintaro, Rexid	Palau High School	8.58m 10
3 #91 Techechur, Rayner	Emmaus Bethania	8.15m 8
4 #135 Lorenzo, Omtab	Emmaus Bethania	7.85m 5.5
4 #48 Larsen, Geno	Belau Modekngai	8.11m 5.5
5 #86 Madlutk, Horry ngirbedul	Emmaus Bethania	7.86m 4
6 #70 Techur, Keng-ichi	Mindzenty High S	7.50m 3
7 #176 Victor, Dylan	Emmaus Bethania	7.35m 2

Event 65 Girls 100 Meter Dash

Name	Team	Finals
Finals		
1 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	14.07 10
2 #28 Francisco, Sydney	Palau High School	14.14 8
3 #193 Kadiasang, Shanna	Emmaus Bethania	14.67 6
4 #85 Kadiasang, Shayna Obirir	Emmaus Bethania	15.49 5
5 #139 Rechucher, Diana	Palau Mission Ac	15.57 4
6 #62 King, Calista	Mindzenty High S	16.31 3

Event 66 Boys 100 Meter Dash

Name	Team	Finals
Finals		
1 #18 Blaluk, Ignacio	Palau High School	11.79 10

2 #26 Ulengchong, Katotau	Palau High School	12.04 8
3 #158 Chokai, Lamar	Emmaus Bethania	12.84 6
4 #120 Techechur, Tristan	Emmaus Bethania	12.90 5
5 #105 Dengokl, Katei Kyota	Palau Mission Ac	12.93 4
6 #52 August, Allister	Belau Modekngai	12.97 3
7 #103 Silas, Zeigler	Palau Mission Ac	14.73 2

Event 67 Girls 1500 Meter Run

Name	Team	Finals
Finals		
1 #62 King, Calista	Mindzenty High S	6:39.29 10
2 #113 Mikel, Galyah	Palau Mission Ac	6:56.02 8
3 #90 Shmull, Share Isebong	Emmaus Bethania	7:02.46 6
4 #19 Chibana, Shizuka	Palau High School	7:53.21 5
5 #190 Yoshiwo, Dawn	Belau Modekngai	10:16.13 4

Event 68 Boys 1500 Meter Run

Name	Team	Finals
Finals		
1 #25 Singichi, TJ	Palau High School	4:39.59 10
2 #4 Adaba, Rigeous	Palau High School	5:05.80 8
3 #64 Maluchluw, Sean Anjelo	Mindzenty High S	5:09.14 6
4 #53 Peredo, Emmanuel	Belau Modekngai	5:29.50 5
5 #8 Gibbons, Tonga	Palau High School	5:42.84 4

Event 69 Girls 400 Meter Dash

Name	Team	Finals
Finals		
1 #28 Francisco, Sydney	Palau High School	1:13.56 10
2 #121 Baiei, Laisang J	Palau High School	1:14.95 8
3 #139 Rechucher, Diana	Palau Mission Ac	1:14.98 6
4 #85 Kadiasang, Shayna Obirir	Emmaus Bethania	1:21.71 5
5 #117 Tarkong, Ashanda Raine	Palau Mission Ac	1:22.54 4
6 #186 Esebei, Acheyra	Belau Modekngai	1:32.20 3

Event 70 Boys 400 Meter Dash

Name	Team	Finals
Finals		
1 #26 Ulengchong, Katotau	Palau High School	55.40 10
2 #25 Singichi, TJ	Palau High School	55.65 8
3 #158 Chokai, Lamar	Emmaus Bethania	1:01.17 6
4 #56 Pedro, Austhen	Belau Modekngai	1:02.31 5
5 #53 Peredo, Emmanuel	Belau Modekngai	1:06.99 4

Event 71 Girls 1 Mile Run

Name	Team	Finals
Finals		
1 #62 King, Calista	Mindzenty High S	7:04.76 10
2 #11 Tarkong, Uilau	Palau High School	7:18.82 8
3 #90 Shmull, Share Isebong	Emmaus Bethania	7:19.44 6
4 #113 Mikel, Galyah	Palau Mission Ac	7:28.73 5

Event 72 Boys 1 Mile Run

Name	Team	Finals
Finals		
1 #4 Adaba, Rigeous	Palau High School	5:42.99 10
2 #64 Maluchluw, Sean Anjelo	Mindzenty High S	5:49.26 8

Nationals & BIIAA Athletics Championships 2022 - 3/29/2022 to 4/28/2022

3/29/2022 to 4/28/2022

Results

Finals ... (Event 72 Boys 1 Mile Run)

Name	Team	Finals
3 #105 Dengokl, Katei Kyota	Palau Mission Ac	6:12.19 6
4 #26 Ulengchong, Katotau	Palau High Schoo	7:25.79 5

Event 73 Girls High Jump

Name	Team	Finals
Finals		
1 #121 Baiei, Laisang J	Palau High School	1.22m 10
2 #11 Tarkong, Uilau	Palau High School	1.19m 8

Event 74 Boys High Jump

Name	Team	Finals
Finals		
1 #7 Gabriel, Denzel	Palau High School	1.62m 10
2 #26 Ulengchong, Katotau	Palau High School	1.60m 8
3 #4 Adaba, Rigueous	Palau High School	1.45m 6
4 #106 Donesa, Julian Karl Javi	Palau Mission Ac	1.40m 4.5
4 #128 Orosco, Kyle	Palau High School	1.40m 4.5
6 #105 Dengokl, Katei Kyota	Palau Mission Ac	1.30m 3
7 #120 Techechur, Tristan	Emmaus Bethania	1.25m 2

Event 75 Boys Discus

Name	Team	Finals
Finals		
1 #178 Renguul, Skarlee	Unattached	25.95m 10
2 #16 Kintaro, Rexid	Palau High School	25.63m 8
3 #48 Larsen, Geno	Belau Modekngai	21.24m 6
4 #53 Peredo, Emmanuel	Belau Modekngai	20.33m 5
5 #195 Cooper, Uili	Palau High School	19.69m 4
6 #5 Sifix, Carlos	Palau High School	19.60m 3
7 #191 Mamis, Elmago	Belau Modekngai	17.06m 2

Event 76 Girls Discus

Name	Team	Finals
Finals		
1 #11 Tarkong, Uilau	Palau High Schoo	17.60m 10
2 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	16.62m 8
3 #46 Trolui, Tehya	Belau Modekngai	15.42m 6
4 #69 Mad, Ngirur	Mindzenty High S	12.45m 5

Event 77 Girls 200 Meter Dash

Name	Team	Finals
Finals		
1 #28 Francisco, Sydney	Palau High School	29.64 10
2 #114 Ngirkelau, Erythrina Orr	Palau Mission Ac	30.27 8
3 #193 Kadiusang, Shanna	Emmaus Bethania	30.92 6
4 #139 Rechucher, Diana	Palau Mission Ac	32.58 5
5 #85 Kadiusang, Shayna Obirir	Emmaus Bethania	33.06 4

Event 78 Boys 200 Meter Dash

Name	Team	Finals
Finals		
1 #18 Blaluk, Ignacio	Palau High School	24.53 10
2 #26 Ulengchong, Katotau	Palau High Schoo	24.91 8
3 #4 Adaba, Rigueous	Palau High Schoo	25.63 6
4 #182 Eungel, Amaru	Belau Modekngai	26.71 5

Event 79 Girls 800 Meter Run

Name	Team	Finals
Finals		
1 #62 King, Calista	Mindzenty High S	3:02.10 10
2 #11 Tarkong, Uilau	Palau High Schoo	3:08.57 8
3 #90 Shmull, Share Isebong	Emmaus Bethania	3:15.75 6
4 #113 Mikel, Galyah	Palau Mission Ac	3:36.02 5

Event 80 Boys 800 Meter Run

Name	Team	Finals
Finals		
1 #25 Singichi, TJ	Palau High Schoo	2:11.46 10
2 #35 Adaba, Emmanuel	Unattached	2:12.62 8
3 #64 Maluchluw, Sean Anjelo	Mindzenty High S	2:20.11 6
4 #4 Adaba, Rigueous	Palau High Schoo	2:28.67 5
5 #53 Peredo, Emmanuel	Belau Modekngai	2:29.17 4
6 #8 Gibbons, Tonga	Palau High School	2:30.87 3
7 #26 Ulengchong, Katotau	Palau High School	2:43.13 2

Event 81 Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Palau High School	A	5:18.24 10
1) #121 Baiei, Laisang J	2) #11 Tarkong, Uilau	
3) #19 Chibana, Shizuka	4) #28 Francisco, Sydney	
2 Emmaus Bethania	A	5:40.71 8
1) #85 Kadiusang, Shayna Obirir	2) #152 Skilang, Amalie	
3) #151 Singeo, Toyomi	4) #90 Shmull, Share Isebong	
3 Palau Mission Academy	A	5:49.84 6
1) #139 Rechucher, Diana	2) #112 Kyota, Belle	
3) #117 Tarkong, Ashanda Raine	4) #113 Mikel, Galyah	

Event 82 Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Palau High School	A	4:02.03 10
1) #26 Ulengchong, Katotau	2) #196 Clapp, Travis	
3) #5 Sifix, Carlos	4) #25 Singichi, TJ	
2 Unattached	A	4:20.05 8
1) #34 Ngiraremiang, Jerry	2) #140 Tkel, Francis	
3) #35 Adaba, Emmanuel	4) #33 Thomas, Jose	
3 Emmaus Bethania	A	4:32.41 6
1) #87 Olegeriil, Chance	2) #120 Techechur, Tristan	
3) #192 Albert, Melusch	4) #158 Chokai, Lamar	
4 Palau Mission Academy	A	4:34.85 5
1) #105 Dengokl, Katei Kyota	2) #110 Liu, Er Lang	
3) #108 Mamis, Kibosan	4) #106 Donesa, Julian Karl Javier	

Event 83 Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Palau High School	A	58.78 10
1) #121 Baiei, Laisang J	2) #29 Rubasch, Belbult	
3) #28 Francisco, Sydney	4) #177 Bai, Maya	

Nationals & BIAA Athletics Championships 2022 - 3/29/2022 to 4/28/2022

3/29/2022 to 4/28/2022

Results

Finals ... (Event 83 Girls 4x100 Meter Relay)

Team	Relay	Finals
2 Palau Mission Academy	A	1:00.63 8
1) #139 Rechucher, Diana	2) #112 Kyota, Belle	
3) #117 Tarkong, Ashanda Raine	4) #114 Ngirkelau, Erythrina Omun	
3 Emmaus Bethania	A	1:00.71 6
1) #151 Singeo, Toyomi	2) #85 Kadiasang, Shayna Obirir	
3) #152 Skilang, Amalie	4) #193 Kadiasang, Shanna	
4 Unattached	A	1:05.72 5
5 Mindzenty High School	A	1:08.61 4
1) #74 Rudimch, Amira	2) #73 Polloi, Momilani	
3) #63 Rechemang, Dawn	4) #62 King, Calista	

Event 84 Boys 4x100 Meter Relay

Team	Relay	Finals
1 Unattached	A	48.56 10
2 Palau High School	A	49.00 8
1) #18 Blaluk, Ignacio	2) #26 Ulengchong, Katotau	
3) #128 Orosco, Kyle	4) #25 Singichi, TJ	
3 Emmaus Bethania	A	49.83 6
1) #192 Albert, Melusch	2) #158 Chokai, Lamar	
3) #188 Malsol, Claxton	4) #120 Techechur, Tristan	
4 Belau Modekngai	A	50.76 5
1) #191 Mamis, Elmago	2) #52 August, Allister	
3) #43 Truce, Lucky	4) #182 Eungel, Amaru	
5 Unattached	B	51.28 4
6 Palau Mission Academy	A	53.48 3
1) #105 Dengokl, Katei Kyota	2) #106 Donesa, Julian Karl Javier	
3) #110 Liu, Er Lang	4) #115 Scott, Maximus	

Event 85 Mixed Distance Medley

Team	Relay	Finals
1 Palau High School	A	1:55.73 10
1) #177 Bai, Maya	2) #18 Blaluk, Ignacio	
3) #28 Francisco, Sydney	4) #25 Singichi, TJ	
2 Emmaus Bethania	A	2:05.52 8
1) #85 Kadiasang, Shayna Obirir	2) #120 Techechur, Tristan	
3) #193 Kadiasang, Shanna	4) #188 Malsol, Claxton	
3 Palau Mission Academy	A	2:06.00 6
1) #114 Ngirkelau, Erythrina Omun	2) #105 Dengokl, Katei Kyota	
3) #139 Rechucher, Diana	4) #110 Liu, Er Lang	
4 Mindzenty High School	A	2:08.83 5
1) #63 Rechemang, Dawn	2) #62 King, Calista	
3) #66 Ueki, Anthony	4) #64 Maluchluw, Sean Anjelo	
5 Belau Modekngai	A	2:09.71 4
1) #136 Mahmud, Alera	2) #182 Eungel, Amaru	
3) #47 Chokai, Toyomi	4) #183 Ngiraremiang, Fisher	

Event 90 Girls Long Jump

Name	Team	Finals
1 #121 Baiei, Laisang J	Palau High Schoo	3.80m 10
2 #112 Kyota, Belle	Palau Mission Ac	3.22m 8
3 #190 Yoshiwo, Dawn	Belau Modekngai	3.15m 6

4 #117 Tarkong, Ashanda Raine	Palau Mission Ac	3.04m 5
5 #73 Polloi, Momilani	Mindzenty High S	2.88m 4
6 #136 Mahmud, Alera	Belau Modekngai	2.77m 3
7 #151 Singeo, Toyomi	Emmaus Bethania	2.76m 2

Event 91 Boys Long Jump

Name	Team	Finals
1 #7 Gabriel, Denzel	Palau High Schoo	5.59m 10
2 #34 Ngiraremiang, Jerry	Unattached	5.16m 8
3 #105 Dengokl, Katei Kyota	Palau Mission Ac	4.92m 6
4 #26 Ulengchong, Katotau	Palau High Schoo	4.85m 5
5 #55 Marino, Thomas	Belau Modekngai	4.62m 4
6 #87 Olegeriil, Chance	Emmaus Bethania	4.37m 3
7 #141 Riosang, Ethan	Belau Modekngai	4.24m 2
8 #106 Donesa, Julian Karl Javi	Palau Mission Ac	4.19m 1

Combined Team Scores - 26 Events Scored

1) Palau High School	360.5
2) Palau Mission Academy	139.5
3) Emmaus Bethania High School	130.5
4) Belau Modekngai School	106.5
5) Mindzenty High School	74