

Oceania Athletics Micronesian Championships
 Koror, Palau
 25th & 26th April 2003

Male Results

100m

1 st	Jack Howard	FSM	11.09	-1.2
2 nd	John Howard	FSM	11.19	
3 rd	Danny Fredrick	FSM	11.41	

200m

1 st	Danny Fredrick	FSM	23.39	+0.4
2 nd	Peter Donis Rudolf	FSM	23.49	
3 rd	Russell Ward Roman	PLW	23.71	

400m

1 st	Jack Howard	FSM	50.88	
2 nd	Ashley Kazuma	PLW	52.25	
3 rd	Russell Ward Roman	PLW	52.50	

800m

1 st	Neil Weare	GUM	2:03.96	
2 nd	Derek Mandell	GUM	2:08.11	
3 rd	Moikeha Keogh	PLW	2:10.43	

1500m

1 st	Neil Weare	GUM	4:14.56	
2 nd	Derek Mandell	GUM	4:31.12	
3 rd	Nicholas Mangham	PLW	4:34.76	

5000m

1 st	Neil Weare	GUM	17:51.56	
2 nd	Derek Mandell	GUM	18:25.44	
3 rd	Rendelius Germinaro	FSM	18:26.81	

High Jump

1 st	Donovan Helvey	PLW	1.82m
2 nd	Ketson Kabiriel	NMI	1.60m

Long Jump

1 st	Rabangaki Nawai	KIR	6.20m
2 nd	McKnight McArthur	PLW	6.04m
3 rd	Clayton Maluwelgiye	FSM	5.90m

Triple Jump

1 st	Bwaraniko Paul	KIR	12.92m
2 nd	Taburimai Tewaki	KIR	12.00m
3 rd	McKnight McArthur	PLW	11.65m

Shot Put

1 st	Jersey Iyar	PLW	12.71m
2 nd	Steve Carrerra	PLW	12.56m
3 rd	Alipate Raikadroka	PLW	11.66m

Discus

1 st	Clayton Maluwelgiye	FSM	36.56m
2 nd	Jersey Iyar	PLW	33.48m
3 rd	Gerard Jones	NRU	33.06m

Hammer – *Non-Championship*

1 st	Steve Carrerra	PLW	35.67m
2 nd	Barry Mullins	AUS	30.23m
3 rd	Fletcher McEwen	AUS	28.73m

Javelin

1 st	Clayton Maluwelgiye	FSM	56.94m
2 nd	Jersey Iyar	PLW	52.10m
3 rd	Rabangaki Nawai	KIR	47.34m

4x100m Relay

1 st	FSM	43.73
2 nd	Palau	45.64
3 rd	Northern Mariana Islands	46.99

4x400m

1 st	FSM	3:29.27
2 nd	Palau	3:36.40
3 rd	Northern Mariana Islands	3:42.20

Female Results

100m

1 st	Ngerak Florencio	PLW	12.90	-0.6
2 nd	Rosa-Mystique Jone	NRU	13.07	
3 rd	Desiree Craggette	GUM	13.31	

200m

1 st	Ngerak Florencio	PLW	27.22	+0.2
2 nd	Rosa-Mystique Jone	NRU	27.96	
3 rd	Desiree Craggette	GUM	28.01	

400m

1 st	Ngerak Florencio	PLW	65.20
2 nd	Vangie Mercado	FSM	65.90
3 rd	Raw Detabene	NRU	67.98

800m

1 st	Christine Vicente	GUM	2:36.69
2 nd	Avon Grace Mazo	PLW	2:39.15
3 rd	Banrenga Baikia	KIR	2:54.48

1500m

1 st	Christine Vicente	GUM	5:38.43
2 nd	Banrenga Baikia	KIR	5:59.25
3 rd	Jacleen Pluhs	FSM	6:25.24

3000m

1 st	Christine Vicente	GUM	12:03.62
2 nd	Avon Grace Mazo	PLW	12:36.74
3 rd	Banrenga Baikia	KIR	12:41.75

High Jump

1 st	Carissa Dkar Subris	PLW	1.52m
2 nd	Barbara Gbewonyo	PLW	1.40m
3 rd	Kimaia Dan Murdoch	KIR	1.35m

Long Jump

1 st	Kaitinano Mwemweta	KIR	4.50m
2 nd	Barbara Gbewonyo	PLW	4.29m
3 rd	Connie Camacho	NMI	4.28m

Triple Jump

1 st	Barbara Gbewonyo	PLW	8.78m
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Shot Put

1 st	Chandis Cooper	PLW	10.38m
2 nd	Maleah Umerang Tengadik	PLW	9.49m
3 rd	Cristabel Gbewonyo	PLW	9.15m

Discus

1 st	Chandis Cooper	PLW	28.94m
2 nd	Maleah Umerang Tengadik	PLW	27.61m
3 rd	Cristabel Gbewonyo	PLW	27.10m

Hammer – *Non-Championship*

1 st	Christina Duenas	GUM	18.94m
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Javelin

1 st	Maleah Umerang Tengadik	PLW	36.97m
2 nd	Julie Tokyo	NMI	30.54m
3 rd	Christina Duenas	GUM	27.11m

4x100m Relay

1 st	Palau "A"	51.89
2 nd	Nauru	53.45
3 rd	Palau "B"	53.93

4x400m Relay

1 st	Palau	4:35.89
2 nd	Nauru	4:49.18

800m Mixed Medley Relay

1 st	Palau	1:42.28
2 nd	Nauru	1:45.51
3 rd	Kiribati	1:47.37