

Micronesian Games 2018 - 16/07/2018 to 19/07/2018

Yap - Federated States of Micronesia

Results

Women 100 Metre Sprint Senior

Name	Team	Heats
Heats		
1	Regine Kate Tugade	Guam 12.47Q0.8
2	Zarinae Spong	CNMI 13.19Q1.2
3	Shania Bulala	Guam 13.26Q0.8
4	Meliza Bartolome	Pohnpei 13.47Q1.2
5	Darla Jonah	Pohnpei 13.53Q1.2
6	Emiko Leit	Pohnpei 13.60Q0.8
7	Viksy Dereas	Chuuk 13.55q 1.2
8	Jamie Pangelinan	CNMI 13.83q 0.8
9	Emyrose Erwin	Chuuk 13.86 0.8
10	Fantasia Rubasch	Palau 13.98 1.2
11	Kanisleen Michael	Chuuk 14.07 1.2
12	Aubry Ngirangesill	Palau 14.24 0.8
13	Sydney Francisco	Palau 14.33 0.8

Women 100 Metre Sprint Senior

Name	Team	Finals
Finals		
1	Regine Kate Tugade	Guam 12.38 -0.5
2	Zarinae Spong	CNMI 13.12 -0.5
3	Shania Bulala	Guam 13.16 -0.5
4	Darla Jonah	Pohnpei 13.61 -0.5
5	Emiko Leit	Pohnpei 13.82 -0.5
6	Meliza Bartolome	Pohnpei 13.90 -0.5
7	Viksy Dereas	Chuuk 14.04 -0.5
8	Jamie Pangelinan	CNMI 14.08 -0.5

Women 200 Metre Sprint Senior

Name	Team	Heats
Heats		
1	Shania Bulala	Guam 27.00Q-0.3
2	Zarinae Spong	CNMI 27.35Q0.2
3	Richelle Tugade	Guam 27.44Q0.2
4	Celine Amparo	Guam 27.49Q-0.3
5	Viksy Dereas	Chuuk 27.75Q0.2
6	Meliza Bartolome	Pohnpei 28.19Q-0.3
7	Darla Jonah	Pohnpei 27.83q 0.2
8	Emiko Leit	Pohnpei 28.10q 0.2
9	Emyrose Erwin	Chuuk 28.56 -0.3
10	Kanisleen Michael	Chuuk 28.58 -0.3
10	Jamie Pangelinan	CNMI 28.58 -0.3
12	Sydney Francisco	Palau 29.91 0.2

Women 200 Metre Sprint Senior

Name	Team	Finals
Finals		
1	Zarinae Spong	CNMI 27.01 +0.0
2	Shania Bulala	Guam 27.25 +0.0
3	Celine Amparo	Guam 27.26 +0.0
4	Richelle Tugade	Guam 27.37 +0.0
5	Viksy Dereas	Chuuk 28.15 +0.0
6	Emiko Leit	Pohnpei 28.33 +0.0
7	Darla Jonah	Pohnpei 29.15 +0.0

8 Meliza Bartolome Pohnpei 29.85 +0.0

Women 400 Metre Sprint Senior

Name	Team	Finals
Finals		
1	Regine Kate Tugade	Guam 1:01.05
2	Madison Packbier	Guam 1:02.18
3	Emiko Leit	Pohnpei 1:03.58
4	Celine Amparo	Guam 1:04.15
5	Meliza Bartolome	Pohnpei 1:04.26
6	Therize Millare	CNMI 1:06.57
7	Niolyann Marcus	Chuuk 1:07.84
8	Diana Shigeta	Pohnpei 1:08.06
9	Aubry Ngirangesill	Palau 1:08.08
10	Kedisha Kanemoto	Chuuk 1:08.12
11	Sydney Francisco	Palau 1:08.97
12	Keisharin Thomas	Chuuk 1:10.32
13	Anaya Masang	Palau 1:11.79

Women 800 Metre Run Senior

Name	Team	Finals
Finals		
1	Genina Georgette Criss	Guam 2:27.45
2	Madison Packbier	Guam 2:31.20
3	Elenna Santos	CNMI 2:35.53
4	Therize Millare	CNMI 2:37.17
5	Jerlyn Castillo	CNMI 2:37.91
6	Anaya Masang	Palau 2:50.73
7	Jaflyn Ander	Chuuk 3:25.55

Women 1500 Metre Run Senior

Name	Team	Finals
Finals		
1	Genina Georgette Criss	Guam 5:01.85
2	Elenna Santos	CNMI 5:26.49
3	Madison Packbier	Guam 5:33.28
4	Reloliza Saimon	Pohnpei 5:57.68
---	Christina Teteth	Yap DNF

Women 5000 Metre Run Senior

Name	Team	Finals
Finals		
1	Genina Georgette Criss	Guam 21:14.24
2	Reloliza Saimon	Pohnpei 23:07.05

Women 10000 Metre Run Senior

Name	Team	Finals
Finals		
1	Genina Georgette Criss	Guam 47:54.49
2	Reloliza Saimon	Pohnpei 49:01.58
3	Anaya Masang	Palau 50:04.31

Women 15000 Metre Run Senior

Name	Team	Finals
Finals		
1	Reloliza Saimon	Pohnpei 1:25.34

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Women 100 Metre Hurdles Senior

Name	Team	Finals
Finals		
1 Richelle Tugade	Guam	16.72 NWI
2 Rachel Abrams	CNMI	17.77 NWI
3 Aubry Ngirangesill	Palau	18.84 NWI
4 Rosemaline Watley	Marshalls	19.02 NWI

Women 400 Metre Hurdles Senior

Name	Team	Finals
Finals		
1 Richelle Tugade	Guam	1:13.74
2 Sydney Francisco	Palau	1:25.88

Women 4x100 Metre Relay Senior

Team	Relay	Finals
Finals		
1 Guam	A	50.49
1) Madison Packbier	2) Richelle Tugade	
3) Celine Amparo	4) Shania Bulala	
2 Pohnpei	A	52.52
1) Saya Shigeta	2) Emiko Leit	
3) Meliza Bartolome	4) Darla Jonah	
3 Northern Marianas	A	53.08
1) Jamie Pangelinan	2) Zarinae Sapong	
3) Elenna Santos	4) Rachel Abrams	
4 Chuuk	A	54.57
1) Emyrose Erwin	2) Kanisleen Michael	
3) Keisharin Thomas	4) Viksy Dereas	
5 Palau	A	55.84
1) Aubry Ngirangesill	2) Fantasia Rubasch	
3) Anaya Masang	4) Sydney Francisco	

Women 4x400 Metre Relay Senior

Team	Relay	Finals
Finals		
1 Guam	A	4:19.18
1) Shania Bulala	2) Madison Packbier	
3) Richelle Tugade	4) Celine Amparo	
2 Pohnpei	A	4:20.90
1) Meliza Bartolome	2) Diana Shigeta	
3) Darla Jonah	4) Emiko Leit	
3 Northern Marianas	A	4:24.43
1) Therize Millare	2) Jerlyn Castillo	
3) Zarinae Sapong	4) Elenna Santos	
4 Chuuk	A	4:33.88
1) Keisharin Thomas	2) Kedisha Kanemoto	
3) Niolynn Marcus	4) Kanisleen Michael	
5 Palau	A	4:46.59
1) Fantasia Rubasch	2) Anaya Masang	
3) Aubry Ngirangesill	4) Sydney Francisco	

Women High Jump SH Senior

Name	Team	Finals
Finals		
1 Rachel Abrams	CNMI	J1.36m

2 Rosemaline Watley	Marshalls	J1.36m
3 Amaya Ngirkelau	Palau	1.30m
4 Leani Acosta	CNMI	1.25m
5 Reloliza Saimon	Pohnpei	1.15m

Women Long Jump Senior

Name	Team	Finals
Finals		
1 Regine Kate Tugade	Guam	4.95m +0.0
2 Shania Bulala	Guam	4.84m 2.0
3 Richelle Tugade	Guam	4.69m +0.0
4 Rosemaline Watley	Marshalls	4.42m +0.0
5 Jamie Pangelinan	CNMI	4.33m -0.5
6 Jerlyn Castillo	CNMI	4.18m 0.1
7 Amaya Ngirkelau	Palau	4.07m +0.0
8 Aubry Ngirangesill	Palau	4.05m +0.0
9 Reloliza Saimon	Pohnpei	4.02m 1.1
10 Leani Acosta	CNMI	3.87m 1.6

Women Triple Jump Senior

Name	Team	Finals
Finals		
1 Richelle Tugade	Guam	9.86m -0.2
2 Rosemaline Watley	Marshalls	9.23m +0.0
3 Jerlyn Castillo	CNMI	8.68m -0.5
4 Reloliza Saimon	Pohnpei	7.90m -0.2

Women Shot Put Senior

Name	Team	Finals
Finals		
1 Genie Gerardo	Guam	11.49m
2 Sidra Triplett	Marshalls	11.13m
3 Amanda Cruz	Guam	9.61m
4 Lucinda Kamloy	Yap	9.26m
5 Javendra Lukreb	Yap	8.99m
6 Amaya Ngirkelau	Palau	8.65m
7 Ruhiiyyih Aho	Marshalls	8.55m
8 Cassandra Camacho	CNMI	8.27m
9 Annalei Santos	CNMI	7.37m
10 Sandonia Likor	Pohnpei	7.12m

Women Discus Throw Senior

Name	Team	Finals
Finals		
1 Sidra Triplett	Marshalls	33.32m
2 Genie Gerardo	Guam	30.46m
3 Amanda Cruz	Guam	29.31m
4 Javendra Lukreb	Yap	28.56m
5 Annalei Santos	CNMI	25.38m
6 Cassandra Camacho	CNMI	25.36m
7 Lia'mwar Rangamar	CNMI	24.73m
8 Sandonia Likor	Pohnpei	24.51m
9 Ruhiiyyih Aho	Marshalls	21.54m
10 Samantha Recheluul	Palau	20.18m

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Women Javelin Throw Senior

Name	Team	Finals
Finals		
1 Genie Gerardo	Guam	28.17m
2 Sandonia Likor	Pohnpei	24.75m
3 Amaya Ngirkelau	Palau	22.22m
4 Jamie Pangelinan	CNMI	21.39m

Men 100 Metre Sprint Senior

Name	Team	Heats
Heats		
1 Rodman Teltull	Palau	11.19QNWI
2 Jonah Harris	Nauru	11.32Q-0.3
3 Scott Fiti	Chuuk	11.46Q-0.1
4 Alvin Martin	Pohnpei	11.43QNWI
5 Adrian Ililau	Palau	11.58Q-0.1
6 Gwynn Uehara	Palau	11.63Q-0.3
7 Tirioro Willie	Kiribati	11.73q NWI
8 Joseph Aguon	Guam	11.80q NWI
9 Mitchell Marino	Pohnpei	11.83 -0.3
10 Nomar Jimenez	Chuuk	11.85 NWI
10 Biira Burennaira	Kiribati	11.85 -0.3
12 Oneisom McMahon	Chuuk	11.88 -0.3
12 Owen Rangto	Yap	11.88 NWI
12 Micah Ohli	Pohnpei	11.88 -0.1
15 Traven Quitugua	CNMI	11.95 -0.3
16 Kimwaua Makin	Kiribati	11.99 -0.1
17 Mobera Tonana	Kiribati	12.10 NWI
18 Jeki Lanki	Marshalls	12.16 -0.1
19 Paul John Dimalanta	Guam	12.19 -0.1
20 Gabriel Junior Sappa	CNMI	12.23 -0.1
21 Ian Koshiba	Palau	12.27 -0.1
22 Jose Mathow	Yap	13.06 -0.3

Men 100 Metre Sprint Senior

Name	Team	Finals
Finals		
1 Jonah Harris	Nauru	11.07 NWI
2 Rodman Teltull	Palau	11.10 NWI
3 Scott Fiti	Chuuk	11.22 NWI
4 Alvin Martin	Pohnpei	11.59 NWI
5 Tirioro Willie	Kiribati	11.72 NWI
6 Gwynn Uehara	Palau	11.75 NWI
7 Adrian Ililau	Palau	13.05 NWI
8 Joseph Aguon	Guam	13.20 NWI

Men 200 Metre Sprint Senior

Name	Team	Heats
Heats		
1 Rodman Teltull	Palau	22.50Q0.1
2 Scott Fiti	Chuuk	22.78Q-0.2
3 Jonah Harris	Nauru	23.21Q0.3
4 Dennis Petrus	Pohnpei	23.14Q-0.2
5 Tirioro Willie	Kiribati	23.34Q0.1
6 Biira Burennaira	Kiribati	23.62Q0.3

7 Mobera Tonana	Kiribati	23.47q 0.1
8 Stanislaus Kostka	Pohnpei	23.53q -0.2
9 Micah Ohli	Pohnpei	23.54 0.1
10 Alvin Martin	Pohnpei	23.69 0.3
11 Joseph Aguon	Guam	23.79 -0.2
12 Paul John Dimalanta	Guam	24.02 0.3
13 Jessy Samuel	Chuuk	24.03 0.3
14 Traven Quitugua	CNMI	24.12 0.3
15 Jonathan Hallers	Chuuk	24.24 0.1
16 Iverson August	Palau	24.46 -0.2
17 Kimwaua Makin	Kiribati	24.48 -0.2
18 Neldreyton Skerei	CNMI	25.63 -0.2
19 Gabriel Junior Sappa	CNMI	34.58 0.1

Men 200 Metre Sprint Senior

Name	Team	Finals
Finals		
1 Rodman Teltull	Palau	21.88 +0.0
2 Jonah Harris	Nauru	22.22 +0.0
3 Scott Fiti	Chuuk	22.76 +0.0
4 Dennis Petrus	Pohnpei	23.21 +0.0
5 Tirioro Willie	Kiribati	23.35 +0.0
6 Mobera Tonana	Kiribati	23.39 +0.0
7 Biira Burennaira	Kiribati	23.74 +0.0
8 Stanislaus Kostka	Pohnpei	23.75 +0.0

Men 400 Metre Sprint Senior

Name	Team	Heats
Heats		
1 Kiudone David	Chuuk	52.89Q
2 Francis Rikat	Chuuk	53.21Q
3 Gwynn Uehara	Palau	53.24Q
4 Darin Pascua	Guam	53.51Q
5 Joseph Aguon	Guam	53.80Q
6 Douglas Schmidt	CNMI	53.90Q
7 Rodson David	Pohnpei	53.99q
8 Stanislaus Kostka	Pohnpei	54.66q
9 Jeofry Limtiaco	Guam	54.70
10 Paul John Dimalanta	Guam	55.20
11 Benoni Kin	Chuuk	55.57
12 Ezra Willy	Chuuk	55.94
13 Dusty Etpison	Palau	57.80
14 Bramson Celestine	Pohnpei	58.84
15 Traven Quitugua	CNMI	1:03.07
16 Neldreyton Skerei	CNMI	1:03.91
17 Kaivin Wariy	Yap	1:05.27

Men 400 Metre Sprint Senior

Name	Team	Finals
Finals		
1 Kiudone David	Chuuk	51.79 10
2 Douglas Schmidt	CNMI	52.66 8
3 Joseph Aguon	Guam	52.93 6
4 Gwynn Uehara	Palau	53.25 5
5 Darin Pascua	Guam	53.30 4
6 Francis Rikat	Chuuk	53.77 3

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Finals ... (Men 400 Metre Sprint Senior)

Name	Team	Finals
7 Stanislaus Kostka	Pohnpei	53.92 2
8 Rodson David	Pohnpei	54.07 1

Men 800 Metre Run Senior

Name	Team	Finals
Finals		
1 Joshua Ilustre	Guam	2:04.89
2 Darin Pascua	Guam	2:08.83
3 I.S Arongaw	Chuuk	2:11.31
4 Casey Henry	Pohnpei	2:11.57
5 Michael Michael	Chuuk	2:13.72
6 Sheavon Emesiochel	Palau	2:15.43
7 Detrickson Ioanis	Pohnpei	2:21.73
8 Ezra Willy	Chuuk	2:30.23
9 N-Nes Siech	CNMI	2:30.93
--- Elias Ryan	Pohnpei	DNF

Men 1500 Metre Run Senior

Name	Team	Finals
Finals		
1 Joshua Ilustre	Guam	4:28.03
2 Cristia Etpison Nicolescu	Palau	4:35.50
3 Tyler Santos	CNMI	4:39.58
4 Michael Michael	Chuuk	4:42.76
5 Zachary Curtis Criss	Guam	4:43.42
6 Sheavon Emesiochel	Palau	4:49.79
7 Casey Henry	Pohnpei	4:52.21
8 I.S Arongaw	Chuuk	4:52.47
9 Detrickson Ioanis	Pohnpei	4:55.28
10 N-Nes Siech	CNMI	5:41.50

Men 5000 Metre Run Senior

Name	Team	Finals
Finals		
1 Ryan Matienzo	Guam	17:07.29
2 Benjamin Middlebrooke	Guam	17:52.81
3 Cristia Etpison Nicolescu	Palau	18:18.74
4 Casey Henry	Pohnpei	19:25.51
5 Tyler Santos	CNMI	19:25.58
6 Sheavon Emesiochel	Palau	19:38.82
7 MJ Ioanis	Pohnpei	19:48.11
8 Zachary Curtis Criss	Guam	22:23.44

Men 10000 Metre Run Senior

Name	Team	Finals
Finals		
1 Ryan Matienzo	Guam	36:15.32
2 Benjamin Middlebrooke	Guam	39:45.49
3 Casey Henry	Pohnpei	43:39.85
4 Sheavon Emesiochel	Palau	43:44.70
5 MJ Ioanis	Pohnpei	45:14.67

Men 15000 Metre Run Senior

Name	Team	Finals
Finals		
1 Benjamin Middlebrooke	Guam	1:03.51
2 MJ Ioanis	Pohnpei	1:12.12

Men 110 Metre Hurdles Senior

Name	Team	Finals
Finals		
1 Elias Ryan	Pohnpei	17.14 NWI
2 Mighty-Jay Bernardo	Pohnpei	17.18 NWI
3 Skyler Mason	Pohnpei	19.10 NWI
4 Joab Kanai	Palau	19.79 NWI
5 Marvin Yud	Yap	20.24 NWI
6 Beouch Ngirchongor	CNMI	20.28 NWI

Men 400 Metre Hurdles Senior

Name	Team	Finals
Finals		
1 Jeffrey Limtiaco	Guam	59.01
2 Elias Ryan	Pohnpei	59.78
3 Casey Henry	Pohnpei	1:01.88
4 Alfred Ladore	Pohnpei	1:04.99
5 Beouch Ngirchongor	CNMI	1:05.12
6 Dusty Etpison	Palau	1:13.41

Men 4x100 Metre Relay Senior

Team	Relay	Finals
Finals		
1 Palau	A	43.39
1) Adrian Ililau	2) Gwynn Uehara	
3) Rodman Teltull	4) Ian Koshiba	
2 Chuuk	A	43.92
1) Oneisom McMahon	2) Benoni Kin	
3) Nomar Jimenez	4) Scott Fiti	
3 Kiribati	A	44.11
1) Kimwaua Makin	2) Tirioro Willie	
3) Mobera Tonana	4) Biira Burenairra	
4 Pohnpei	A	44.38
1) Bramson Celestine	2) Mitchell Marino	
3) Micah Ohli	4) Alvin Martin	
5 Guam	A	44.98
1) Darin Pascua	2) Jeffrey Limtiaco	
3) Paul John Dimalanta	4) Joseph Aguon	
6 Northern Marianas	A	45.58
1) Traven Quitugua	2) Beouch Ngirchongor	
3) Neldreyton Skerei	4) Douglas Schmidt	

Men 4x400 Metre Relay Senior

Team	Relay	Finals
Finals		
1 Chuuk	A	3:29.03
1) Kiudone David	2) Scott Fiti	
3) Francis Rikat	4) Benoni Kin	

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Team	Relay	Finals
2 Palau	A	3:32.35
1) Rodman Teltull	2) Gwynn Uehara	
3) Joab Kanai	4) Dusty Etpison	
3 Guam	A	3:32.88
1) Darin Pascua	2) Paul John Dimalanta	
3) Joseph Aguon	4) Jeofry Limtiaco	
4 Pohnpei	A	3:33.09
1) Rodson David	2) Bramson Celestine	
3) Micah Ohli	4) Stanislaus Kostka	
5 Kiribati	A	3:48.25
1) Mobera Tonana	2) Biira Burenaira	
3) Tirioro Willie	4) Lataisi Mwea	
6 Northern Marianas	A	3:51.47
1) Traven Quitugua	2) Orrin Pharmin	
3) Tyler Santos	4) Beouch Ngirchongor	

Men High Jump SH Senior

Name	Team	Finals
Finals		
1 Lataisi Mwea	Kiribati	J1.91m
2 Jonah Harris	Nauru	J1.85m
3 Kius Pius You	Yap	J1.52m
4 Marvin Yud	Yap	J1.52m
--- Jose Mathow	Yap	NH
--- Edso Ngiraiwet	Palau	NH
--- Iverson August	Palau	NH
--- Dennis Petrus	Pohnpei	NH
--- Elias Ryan	Pohnpei	NH

Men Long Jump Senior

Name	Team	Finals
Finals		
1 Jonah Harris	Nauru	6.33m +0.0
2 Buraieta Yeeting	Kiribati	6.17m +0.0
3 Devon Aquinas	Pohnpei	6.07m -0.2
4 Douglas Schmidt	CNMI	6.04m +0.0
5 Biira Burenaira	Kiribati	6.00m -0.7
6 Paul John Dimalanta	Guam	5.96m +0.0
7 Elias Ryan	Pohnpei	5.92m +0.0
8 Owen Rangto	Yap	5.81m +0.0
9 Iverson August	Palau	5.72m +0.0
10 Johny Lianus	Chuuk	5.64m +0.0
11 Vincent Joseph	Chuuk	5.42m +0.0
12 Adrian Ililau	Palau	5.40m +0.0
13 Kius Pius You	Yap	5.36m -0.9
14 Jose Mathow	Yap	5.22m -0.2
15 Sione Aho	Marshalls	5.07m -0.1
16 Jeki Lanki	Marshalls	5.06m NWI
17 Stanislaus Kostka	Pohnpei	4.91m +0.0

Men Triple Jump Senior

Name	Team	Finals
Finals		
1 Biira Burenaira	Kiribati	12.83m +0.0

2 Douglas Schmidt	CNMI	12.47m 0.7
3 Jonah Harris	Nauru	12.09m 0.8
4 Devon Aquinas	Pohnpei	11.64m +0.0
5 Elias Ryan	Pohnpei	11.40m 0.1
6 Darin Pascua	Guam	11.33m +0.0
7 Adrian Ililau	Palau	11.26m 0.2
8 Iverson August	Palau	10.81m +0.0

Men Shot Put Senior

Name	Team	Finals
Finals		
1 Florian Temengil	Palau	13.03m
2 Sione Aho	Marshalls	12.38m
3 Javez Mooteb	Yap	12.04m
4 Joshua Miller	Guam	11.87m
5 Kevin Fital	CNMI	11.35m
6 Medson Rawelmai	Yap	11.16m
7 Ronald Olopai	CNMI	9.36m
8 Ian Koshiba	Palau	9.33m
9 Antonio Ichiuo	CNMI	8.72m
10 Iverson August	Palau	8.05m
--- Rais Aho	Marshalls	FOUL

Men Discus Throw Senior

Name	Team	Finals
Finals		
1 Florian Temengil	Palau	39.75m
2 Sione Aho	Marshalls	36.04m
3 Javez Mooteb	Yap	31.99m
4 Joshua Miller	Guam	31.75m
5 Medson Rawelmai	Yap	31.62m
6 Ronald Olopai	CNMI	29.23m
7 Rais Aho	Marshalls	26.57m
8 Ian Koshiba	Palau	26.21m
9 Antonio Ichiuo	CNMI	25.52m

Men Javelin Throw Senior

Name	Team	Finals
Finals		
1 Dougwin Franz	Palau	50.32m
2 Iverson August	Palau	47.74m
3 Nicholas Gross	CNMI	46.09m
4 Selven Wolelmal	Yap	44.24m
5 Adrian Ililau	Palau	44.08m
6 Elias Ryan	Pohnpei	43.11m
7 Antonio Ichiuo	CNMI	39.91m
8 Bradley Ponens	Pohnpei	38.58m
9 Sione Aho	Marshalls	37.09m
10 Ryson Lomongo	Chuuk	34.24m
--- Neldreyton Skerei	CNMI	FOUL

Octathlon: #1 Men 100 Metre Sprint Senior Octathlon

Name	Team	Finals
Finals		
1 Joab Kanai	Palau	11.78 695
2 Mighty-Jay Bernardo	Pohnpei	12.20 612

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Finals ... (Octathlon: #1 Men 100 Metre Sprint Senior Octathlon)

Name	Team	Finals		
3 Orrin Pharmin	CNMI	12.36	582	
4 Devon Aquinas	Pohnpei	12.55	547	
5 Bradley Ponens	Pohnpei	12.80	502	

Octathlon: #4 Men 400 Metre Sprint Senior Octathlon

Name	Team	Finals		
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Finals

1 Joab Kanai	Palau	55.83	566	
2 Mighty-Jay Bernardo	Pohnpei	56.25	550	
3 Orrin Pharmin	CNMI	58.13	479	
4 Devon Aquinas	Pohnpei	58.39	470	
5 Bradley Ponens	Pohnpei	1:01.01	379	

Octathlon: #8 Men 1000 Metre Run Senior Octathlon

Name	Team	Finals		
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Finals

1 Devon Aquinas	Pohnpei	3:14.23	532	
2 Bradley Ponens	Pohnpei	3:18.31	496	
3 Orrin Pharmin	CNMI	3:18.34	496	
4 Mighty-Jay Bernardo	Pohnpei	3:18.38	495	
5 Joab Kanai	Palau	3:21.40	470	

Octathlon: #5 Men 110 Metre Hurdles Senior Octathlon

Name	Team	Finals		
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Finals

1 Mighty-Jay Bernardo	Pohnpei	17.49	574	
2 Joab Kanai	Palau	19.54	386	
3 Bradley Ponens	Pohnpei	19.67	376	
4 Devon Aquinas	Pohnpei	20.53	309	
5 Orrin Pharmin	CNMI	21.53	238	

Octathlon: #6 Men High Jump Senior Octathlon

Name	Team	Finals		
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Finals

1 Joab Kanai	Palau	1.55m	426	
2 Devon Aquinas	Pohnpei	1.52m	404	
3 Mighty-Jay Bernardo	Pohnpei	1.49m	381	
4 Bradley Ponens	Pohnpei	1.46m	360	
5 Orrin Pharmin	CNMI	1.25m	218	

Octathlon: #2 Men Long Jump Senior Octathlon

Name	Team	Finals		
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Finals

1 Devon Aquinas	Pohnpei	5.74m	531	
2 Joab Kanai	Palau	5.24m	429	
3 Bradley Ponens	Pohnpei	5.21m	423	
4 Mighty-Jay Bernardo	Pohnpei	5.12m	405	
5 Orrin Pharmin	CNMI	4.66m	319	

Octathlon: #3 Men Shot Put Senior Octathlon

Name	Team	Finals		
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Finals

1 Orrin Pharmin	CNMI	8.22m	379	
2 Joab Kanai	Palau	7.50m	337	
3 Mighty-Jay Bernardo	Pohnpei	7.43m	333	

4 Bradley Ponens	Pohnpei	7.19m	318	
5 Devon Aquinas	Pohnpei	6.86m	299	

Octathlon: #7 Men Javelin Throw Senior Octathlon

Name	Team	Finals		
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Finals

1 Orrin Pharmin	CNMI	41.28m	461	
2 Mighty-Jay Bernardo	Pohnpei	36.79m	396	
3 Bradley Ponens	Pohnpei	35.35m	375	
4 Joab Kanai	Palau	31.32m	318	
--- Devon Aquinas	Pohnpei	FOUL		

Men Octathlon Senior

Name	Team	Finals		
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Finals

1 Mighty-Jay Bernardo	Pohnpei	3746	10	
2 Joab Kanai	Palau	3627	8	
3 Bradley Ponens	Pohnpei	3229	6	
4 Orrin Pharmin	CNMI	3172	5	
5 Devon Aquinas	Pohnpei	3092	4	