

Micronesian Games
Palikir, Pohnpei
21st-30th July 2002

Male Results

100m

1 st	John Howard	CHU	10.88
2 nd	Jack Howard	CHU	11.01
3 rd	Christopher Adolf	PLW	11.01

200m

1 st	John Howard	CHU	22.15
2 nd	Ronan Cress	MHL	22.43
3 rd	Christopher Adolf	PLW	22.47

400m

1 st	Jack Howard	CHU	50.22
2 nd	Richard Falan	YAP	50.71
3 rd	Russell Ward Roman	PLW	51.04

800m

1 st	Neil Weare	GUM	1:59.64
2 nd	Cornelio Ardos	POH	2:01.95
3 rd	Russell Ward Roman	PLW	2:04.39

1500m

1 st	Neil Weare	GUM	4:13.58
2 nd	Salv Delos Santos	POH	4:26.59
3 rd	Arno Farek	CHU	4:28.27

5000m

1 st	Neil Weare	GUM	16:02.73
2 nd	Pablo Cercenia	GUM	17:33.82
3 rd	Cheroky Hartman	CHU	18:09.24

10000m

1 st	Neil Weare	GUM	42:28.95
2 nd	Enrich Hauk	CHU	42:34.84
3 rd	Allen David	YAP	42:36.06

Half Marathon

1 st	Neil Weare	GUM	1:20:01
2 nd	Rendeilus Germinaro	POH	1:23:08
3 rd	Pablo Cercenia	GUM	1:26:57

110m Hurdles

1 st	Isaac Saimon	POH	16.06
2 nd	Erwin Alex	POH	16.60
3 rd	Ricky Shorey	CHU	17.10

400m Hurdles

1 st	Ronny Ifamilik	POH	57.36
2 nd	Shane Ogumoro	NMI	58.89
3 rd	Samuel Anson	POH	61.40

High Jump

1 st	Donovan Helvey	PLW	1.71m
2 nd	Steven Chomyed	YAP	1.68m
3 rd	Richard Falan	YAP	1.60m

Long Jump

1 st	Christopher Adolf	PLW	6.35m
2 nd	Taia Maerennang	KIR	6.09m
3 rd	Cornelio Ardos	POH	6.05m

Triple Jump

1 st	McKnight McArthur	PLW	12.78m
2 nd	Taia Maerennang	KIR	12.62m
3 rd	Robert Goronfich	YAP	12.50m

Shot Put

1 st	Rais Aho	MHL	12.70m
2 nd	Ram Ramngen Sulog	YAP	11.47m
3 rd	Ruken Inegaw	CHU	10.94m

Discus

1 st	Clayton Maluwelgiye	YAP	35.66m
2 nd	Rais Aho	MHL	32.83m
3 rd	Jersey Iyar	PLW	31.22

Javelin

1 st	Clayton Maluwelgiye	YAP	55.00m
2 nd	Jersey Iyar	PLW	49.64m
3 rd	Christopher Kitalong	PLW	48.03m

Pentathlon

1 st	Keitani Graham	CHU	2702
2 nd	Christopher Kitalong	PLW	2670
3 rd	McKnight McArthur	PLW	2651

4x100m

1 st	Chuuk	43.23
2 nd	Palau	43.60
3 rd	Pohnpei	44.31

4x400m

1 st	Chuuk	3:25.49
2 nd	Palau	3:27.56
3 rd	Pohnpei	3:34.14

Female Results

100m

1 st	Ngerak Florencio	PLW	13.24
2 nd	Imengel Louch	PLW	13.34
3 rd	Angie Nedelec	CHU	13.35

200m

1 st	Angie Nedelec	CHU	27.63
2 nd	Ngerak Florencio	PLW	27.65
3 rd	Desiree Craggatte	GUM	27.81

400m

1 st	Ngerak Florencio	PLW	64.94
2 nd	Vangie Mercado	POH	65.61
3 rd	Kiumy Kapier	CHU	68.43

800m

1 st	Vanity Kouch	CHU	2:36.76
2 nd	Avon Grace Mazo	PLW	2:37.92
3 rd	Sharon Truce	PLW	2:39.05

1500m

1 st	Jaceleen Pluhs	POH	5:26.15
2 nd	Atrain Ladore	POH	5:36.07
3 rd	Vanity Kouch	CHU	5:46.79

3000m

1 st	Atrain Lafore	POH	11:52.84
2 nd	Corason Kanas	CHU	12:19.04
3 rd	Erne Jansou	CHU	12:32.96

10000m

1 st	Kamila Lainos	POH	51:52.72
2 nd	Miuleen Pluhs	POH	52:21.82
3 rd	Sylvia Minoske	POH	55:14.32

110m Hurdles

1st Mihner Wendolin POH 21.47

High Jump

1st Barbara Gbewonyo PLW 1.41m

2nd Carrissa Dkar Subris PLW 1.41m

3rd Kimaia Dan Murdoch KIR 1.38m

Long Jump

1st Angie Nedelec CHU 4.82m

2nd Desiree Craggette GUM 4.66m

3rd Mihner Wendolin POH 4.60m

Shot Put

1st Schola Fathaangin YAP 10.89m

2nd Chandis Cooper PLW 10.85m

3rd Melanie Nestor PLW 10.16m

Discus

1st Dolores Rangamar NMI 31.69m

2nd Schola Fathaangin YAP 31.48m

3rd Vanessa Mobil NMI 30.00m

Javelin

1st Schola Fathaangin YAP 35.98m

2nd Vanessa Mobil NMI 33.50m

Pentathlon

1st Maleah Umerang Tengadik PLW 2112

2nd Jewel Mangham PLW 1974

3rd Julie Tokyo NMI 1910

4x100m Relay

1st Chuuk 52.23

2nd Pohnpei 55.82

3rd Marshall Islands 59.28

4x400m Relay

1st Palau 4:27.02

2nd Chuuk 4:31.06

3rd Pohnpei 4:36.32

Any corrections or additional results please email competitions@oceaniaathletics.com