

Micronesian Games 2018 - 16/07/2018 to 19/07/2018**Yap - Federated States of Micronesia****Results - Monday 16 July 2018****Women 100 Metre**

Name	Year Team	Heats	Wind	H#
Heats				
1 Tugade, Regine Kate	Guam	12.47Q	0.8	1
2 Sapong, Zarinae	Northern Marianas	13.19Q	1.2	2
3 Bulala, Shania	Guam	13.26Q	0.8	1
4 Bartolome, Meliza	Pohnpei	13.47Q	1.2	2
5 Jonah, Darla	Pohnpei	13.53Q	1.2	2
6 Leit, Emiko	Pohnpei	13.60Q	0.8	1
7 Dereas, Viksy	Chuuk	13.55q	1.2	2
8 Pangelinan, Jamie	Northern Marianas	13.83q	0.8	1
9 Erwin, Emyrose	Chuuk	13.86	0.8	1
10 Rubasch, Fantasia	Palau	13.98	1.2	2
11 Michael, Kanisleen	Chuuk	14.07	1.2	2
12 Ngirangesill, Aubry	Palau	14.24	0.8	1
13 Francisco, Sydney	Palau	14.33	0.8	1

Women 100 Metre

Name	Year Team	Finals	Wind
Finals			
1 Tugade, Regine Kate	Guam	12.38	-0.5
2 Sapong, Zarinae	Northern Marianas	13.12	-0.5
3 Bulala, Shania	Guam	13.16	-0.5
4 Jonah, Darla	Pohnpei	13.61	-0.5
5 Leit, Emiko	Pohnpei	13.82	-0.5
6 Bartolome, Meliza	Pohnpei	13.90	-0.5
7 Dereas, Viksy	Chuuk	14.04	-0.5
8 Pangelinan, Jamie	Northern Marianas	14.08	-0.5

Women 10000 Metre

Name	Year Team	Finals
1 Criss, Genina Georgette	Guam	47:54.49
2 Saimon, Reloliza	Pohnpei	49:01.58
3 Masang, Anaya	Palau	50:04.31

Women Long Jump

Name	Year Team	Finals	Wind
Finals			
1 Tugade, Regine Kate	Guam	4.95m	+0.0
FOUL(0.7) 4.44m(+0.0) 4.67m(0.8) 4.95m(+0.0) FOUL(+0.0) 4.47m(0.6)			
2 Bulala, Shania	Guam	4.84m	2.0
FOUL(-1.3) 4.60m(+0.0) 4.84m(2.0) 4.75m(+0.0) 4.68m(+0.0) 4.80m(0.8)			
3 Tugade, Richelle	Guam	4.69m	+0.0
4.09m(+0.0) 4.01m(1.3) 4.69m(+0.0) 4.45m(+0.0) 4.38m(+0.0) 4.29m(+0.0)			
4 Watley, Rosemaline	Marshall Islands	4.42m	+0.0
4.42m(+0.0) 4.25m(+0.0) 4.21m(0.8) 4.39m(+0.0) 3.87m(+0.0) 4.34m(+0.0)			
5 Pangelinan, Jamie	Northern Marianas	4.33m	-0.5
4.08m(-0.8) 4.21m(+0.0) 4.33m(-0.5) 4.09m(0.1) 4.22m(0.1) 4.13m(-0.4)			
6 Castillo, Jerlyn	Northern Marianas	4.18m	0.1
4.07m(-0.4) 4.05m(-1.3) 4.18m(0.1) 3.57m(+0.0) FOUL(+0.0) FOUL(+0.0)			
7 Ngirkelau, Amaya	Palau	4.07m	+0.0
3.69m(-0.1) 4.07m(+0.0) 4.01m(+0.0) 3.36m(+0.0) 3.71m(+0.0) FOUL(-0.4)			
8 Ngirangesill, Aubry	Palau	4.05m	+0.0
FOUL(+0.0) 3.67m(+0.0) 4.05m(+0.0) 3.80m(+0.0) 3.84m(+0.0) 3.86m(+0.0)			

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9	Saimon, Reloliza	Pohnpei	4.02m	1.1
	3.48m(+0.0) 2.49m(+0.0) 4.02m(1.1)			
10	Acosta, Leani	Northern Marianas	3.87m	1.6
	3.79m(+0.0) 3.73m(+0.0) 3.87m(1.6)			

Women Javelin

Name	Year Team	Finals
1 Gerardo, Genie	Guam	28.17m
	28.17m 28.05m 27.90m 27.94m 28.15m 26.78m	
2 Likor, Sandonia	Pohnpei	24.75m
	22.39m 21.37m 22.89m 23.49m 22.61m 24.75m	
3 Ngirkelau, Amaya	Palau	22.22m
	21.79m 20.82m FOUL FOUL 20.08m 22.22m	
4 Pangelinan, Jamie	Northern Marianas	21.39m
	8.62m 17.06m 17.17m 21.39m 19.79m 21.15m	

Men 100 Metre

Name	Year Team	Heats	Wind	H#
Heats				
1 Teltull, Rodman	Palau	11.19Q	NWI	2
2 Harris, Jonah	Nauru	11.32Q	-0.3	1
3 Fiti, Scott	Chuuk	11.46Q	-0.1	3
4 Martin, Alvin	Pohnpei	11.43Q	NWI	2
5 Ililau, Adrian	Palau	11.58Q	-0.1	3
6 Uehara, Gwynn	Palau	11.63Q	-0.3	1
7 Willie, Tirioro	Kiribati	11.73q	NWI	2
8 Aguon, Joseph	Guam	11.80q	NWI	2
9 Marino, Mitchell	Pohnpei	11.83	-0.3	1
10 Jimenez, Nomar	Chuuk	11.85	NWI	2
10 Burennaira, Biira	Kiribati	11.85	-0.3	1
12 McMahon, Oneisom	Chuuk	11.88	-0.3	1
12 Rangto, Owen	Yap	11.88	NWI	2
12 Ohli, Micah	Pohnpei	11.88	-0.1	3
15 Quitugua, Traven	Northern Marianas	11.95	-0.3	1
16 Makin, Kimwaua	Kiribati	11.99	-0.1	3
17 Tonana, Mobera	Kiribati	12.10	NWI	2
18 Lanki, Jeki	Marshall Islands	12.16	-0.1	3
19 Dimalanta, Paul John	Guam	12.19	-0.1	3
20 Sappa, Gabriel Junior	Northern Marianas	12.23	-0.1	3
21 Koshiba, Ian	Palau	12.27	-0.1	3
22 Mathow, Jose	Yap	13.06	-0.3	1

Men 100 Metre

Name	Year Team	Finals	Wind
Finals			
1 Harris, Jonah	Nauru	11.07	NWI
2 Teltull, Rodman	Palau	11.10	NWI
3 Fiti, Scott	Chuuk	11.22	NWI
4 Martin, Alvin	Pohnpei	11.59	NWI
5 Willie, Tirioro	Kiribati	11.72	NWI
6 Uehara, Gwynn	Palau	11.75	NWI
7 Ililau, Adrian	Palau	13.05	NWI
8 Aguon, Joseph	Guam	13.20	NWI

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Name	Year Team	Heats	H#
Heats			
1 David, Kiudone	Chuuk	52.89Q	2
2 Rikat, Francis	Chuuk	53.21Q	1
3 Uehara, Gwynn	Palau	53.24Q	3
4 Pascua, Darin	Guam	53.51Q	1
5 Aguon, Joseph	Guam	53.80Q	3
6 Schmidt, Douglas	Northern Marianas	53.90Q	2
7 David, Rodson	Pohnpei	53.99q	1
8 Kostka, Stanislaus	Pohnpei	54.66q	2
9 Lintiacco, Jeofry	Guam	54.70	2
10 Dimalanta, Paul John	Guam	55.20	2
11 Kin, Benoni	Chuuk	55.57	3
12 Willy, Ezra	Chuuk	55.94	1
13 Etpison, Dusty	Palau	57.80	1
14 Celestine, Bramson	Pohnpei	58.84	3
15 Quitugua, Traven	Northern Marianas	1:03.07	3
16 Skerei, Neldreyton	Northern Marianas	1:03.91	1
17 Wariy, Kaivin	Yap	1:05.27	2

Men 10000 Metre

Name	Year Team	Finals
Finals		
1 Matienzo, Ryan	Guam	36:15.32
2 Middlebrooke, Benjamin	Guam	39:45.49
3 Henry, Casey	Pohnpei	43:39.85
4 Emesiochel, Sheavon	Palau	43:44.70
5 Ioanis, MJ	Pohnpei	45:14.67

Men Discus

Name	Year Team	Finals
1 Temengil, Florian	Palau	39.75m
36.53m 39.75m FOUL 34.64m FOUL FOUL		
2 Aho, Sione	Marshall Islands	36.04m
30.69m 34.88m 33.13m 34.85m 36.04m 31.91m		
3 Mooteb, Javez	Yap	31.99m
FOUL 31.99m 30.16m 31.92m FOUL FOUL		
4 Miller, Joshua	Guam	31.75m
31.39m FOUL 31.75m FOUL 30.92m 23.82m		
5 Rawelmai, Medson	Yap	31.62m
29.38m 31.62m 26.78m 30.54m FOUL 31.02m		
6 Olopai, Ronald	Northern Marianas	29.23m
26.03m FOUL 25.67m 29.23m 27.33m 27.29m		
7 Aho, Rais	Marshall Islands	26.57m
FOUL 26.57m FOUL FOUL FOUL FOUL		
8 Koshiba, Ian	Palau	26.21m
FOUL 24.19m 25.11m 26.03m 26.21m 25.02m		
9 Ichiuo, Antonio	Northern Marianas	25.52m
FOUL 25.52m FOUL		