



Oceania Athletics Association

Area Cross Country Championships

Auckland Domain, New Zealand

Sunday 7<sup>th</sup> August

#### **Athlete Information**

During the Championships, Oceania Athletics Association will have three Staff members in Auckland. Yvonne Mullins (Executive Director), Anthony Curry (Competition Manager) and Sarah Runzheimer (Sports Management Intern).

### **Championship Village**

The Championship Village is based at the Domain Lodge. All units are equipped with two single beds and each has an ensuite along with Sky TV, telephone, radio, refrigerator and tea/coffee-making facilities. Even though the rooms do not have a full kitchen there are two self-serviced guest kitchens/dining areas available to you. Computer and internet facilities are available for your use but this will be at your cost.

Sarah Runzheimer will be the Oceania Staff Member at the Championship Village.

The Championship Village is 1.3km away from Newmarket. In Newmarket you will find supermarkets, coffee shops, movie theatres, a swimming pool and restaurants. See the map below.

Any damage caused by athletes will be billed to the Federation.

#### **Per Diems**

All athletes will receive a per diem and will be handed out by Anthony Curry or Yvonne Mullins when you arrive in Auckland. This per diem will pay for your breakfast, lunch and dinner.

### Transport to and from the Airport

All athletes will be picked up from Auckland International Airport by Anthony Curry. I will be holding an Oceania sign. You will then be transported to the Championship Village. You will need to pick up your bags and clear New Zealand Customs. Please ensure you travel with a photocopy of your passport picture and information in case anything goes wrong.

Following the Championships your departures will be organised by Oceania Athletics to Auckland International Airport and departure times will be advised.

# Saturday 6<sup>th</sup> August

The course will be open from approximately 3.00pm till 6.00pm as Rugby and Football have the ground booked in the morning. You can however run around the Auckland Domain at any time of the day.

Anthony and Sarah will hand all race packs out to you on Saturday evening at the latest. You will receive one competition bib number which you will need to put on the front of your National Federation uniform.

### Sunday 7<sup>th</sup> August – Competition Day

As the course is just across the road from the Championship Village no transport will be available. Oceania Athletics will have a tent where you can put all your gear.

At this Championship there is no Call Room so you need to make sure you are at the start line at least 15 minutes prior to the start time of your event. All the Oceania Athletics will have their own start box.

## Start times- below are all the start times for the Championships.

10:00- U11 Race (Mixed) - 2km

10:15 - U13 Race (Mixed) - 2km

10:30- U15 Race (Mixed) - 3km

10:45 – Masters Men – 8km/6km

11:30 - Masters Women - 6km

12:00- U18 Women - 4km

12:30- U18 Men - 6km

13:10- U20 Women - 6km

13:40– U20 Men – 8km Tae Hyun Kim

14:10– Senior Women -10km Karinna Fyfe, Elodie Menou

15:00 - Senior Men – 10km Cedric Wan, Sosaia Tufui, Nicholas Wightman, Avikash Lal, Ashneel

Nand, Brent Butler

#### **Results Services**

Results will be posted

- on the noticeboard at the venue
- and Live Results through Athletics New Zealand on the Oceania Athletics website <a href="https://athletics-oceania.com/oceania-cross-country-championships/">https://athletics-oceania.com/oceania-cross-country-championships/</a>

**Doping Control** 

Doping Control may be conducted at the Championships. Please ensure that you understand the procedures.

You have no choice in the matter, once asked by a member of the Drug Testing Agency.

**Pre-Existing Conditions** 

Any team members who enter the Village with a pre-existing condition will be charged for medical, dental or

physiotherapy costs incurred.

For any medical emergencies, Auckland Hospital is 300m from the Domain Lodge.

**Emergency Numbers** 

Ambulance, Fire and Police: 111

What you need to remember

Auckland will be cold. The temperature will be anywhere between 10 and 13 degrees Celsius. Please bring warm

clothes. Oceania Athletics will supply a rain jacket and Hoodie to all athletes as long as we have your size by

Monday 5pm.

We would suggest you bring spikes that are at least 9mm in length but possibly 12mm as this course is known

to get wet and muddy underfoot.

Social Media

We will be having a strong social media presence with photos and stories during the Championships.

**Competition Manager** 

Anthony Curry

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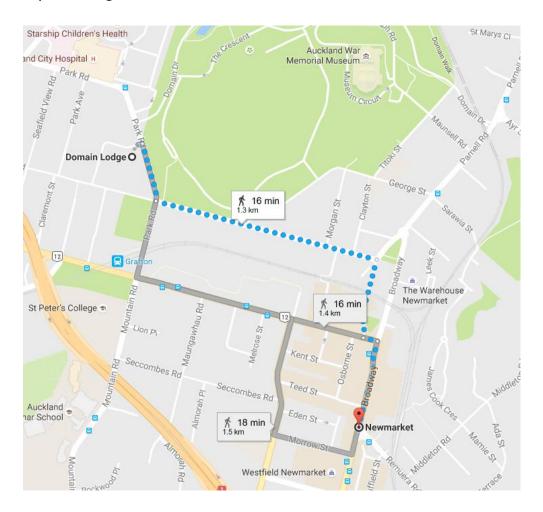
**Championship Village** 

Domain Lodge

Address: 1 Boyle Cres, Auckland 1023, New Zealand

Phone: +64 9 308 0161

# Map of how to get to Newmarket



## Course Map

